

Betty J. Taylor Early Learning Academy

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OCTOBER 2019

Otter



Happy fall! We just love the fall and all the wonderful things that happen at this time of year like the changing leaves, pumpkins, and of course Halloween. This month we will be exploring all things Halloween from pumpkins to ghosts. These are the things the kids see in the stores and neighborhoods and we do our best to make it fun and not frightening for the kiddos. If you have any concerns or questions about what we will be doing this month, please don't hesitate to call or e-mail me.

We do have a special treat planned for the end of October and that is Harry Potter Week! We hope the kids love our activities as much as we do. To wrap up this fun-filled month, the academy is having a Pumpkin Extravaganza on Friday, October 18 from 10am–1pm. TELA has lots of fun activities and treats planned for this day so don't miss it!

Please be mindful of the weather changes as we head into fall and dress your child in appropriate clothes and shoes. We recommend keeping a warm coat, hat, and mittens at school at all times. This ensures that your child will be dry and warm when we go outside to play.

Have a pumpkin spice latte day!

—Jeryre, Sam, & Rainey

Octopus



October is the first full month of fall. We will be celebrating this wonderful month through songs, stories, finger plays, and art. We will also be intergrading Native culture into our curriculum with seasonal activities that are practiced in our community. If you have any suggestions we would love to hear from you.

Don't forget that with a new season comes different weather. The cooler and wetter weather means warmer clothes and outerwear are needed too. Please dress or send the appropriate clothes for your student. We are using the slots in our sign-in table to place communication and flyers for our families. Please check them out often for such items.

Colors for the month: red, orange, yellow, and brown. We are looking forward to a great month! Thank you for allowing us to be your partner in your child's development.

—Melissa, Roxane, & Selina

Beaver



October is here and the colors are changing daily, yay! We are having fun getting to know our students. We are very excited to watch them develop into toddlers, build new friendships, as we help them learn along the way while working together with the parents.

—Anita, Nicki, & Toni

Sheryl Fryberg, Director



IMPORTANT DATES

- **Childcare Only**
Friday, October 4
- **Parent Committee**
12:00pm–1:00pm
Wednesday, October 9
- **Childcare Only**
Friday, October 11
- **Birth-to-3 Picture Days**
Monday–Thursday
October 14–17
- **Policy Council**
12:00pm–1:00pm
Thursday, October 17
- **Pumpkin Extravaganza**
Family Event 10am–1pm,
academy closed – wear
your costumes
Friday, October 18
- **Childcare Only**
Friday, October 25
- **Halloween**
Thursday,
October 31



Rabbit



Happy October! This month we will be learning about the fall season. We will create projects about fall including painting spiders, creating candy corn sun catchers, and exploring a pumpkin with our five senses. We will read books about the fall season and discuss the changes we are seeing in our environment as we go for walks. We will talk about weather-appropriate clothing and practice putting on our own coats!

On Friday, October 18 we will be having our annual Pumpkin Extravaganza event! We hope that you will join us for some festive games, activities, and food! We look forward to seeing everyone in their costumes!

—Sarah, Leah, & Sam

Jellyfish



We have a great year planned out ahead of us. This month we are going to be introducing the children to the new class room we will also be talking about Halloween and pumpkins. We also want to make sure that parents remember to dress their child for the weather now that it is starting to get a bit colder and wetter outside. A few reminders for the month: we have our Parent Committee from 12–1pm on Wednesday, October 9, Picture Day is on Tuesday, October 15, and our Pumpkin Extravaganza family event is on Friday, October 18 from 10am to 1pm and there is no child care this day since the academy is closed. If you have any questions please feel free to ask us and we will help with whatever you need.

—Jamie, Teresa, & Cheryl

Chipmunk



This month we will be working on pumpkins, leaves, and scary ghost feet. We are still working on potty training and self-efficient skills. Shala and I are really excited about how all of the kids are talking in full sentences and showing us their own little personalities. They have all been a blessing for us to watch and grow into little people. As we all start turning age three, we need to really work hard on potty training as this is very important step for moving to the other side of school. Colors and counting are a good way for families to sing and dance together! We are also working with Lushootseed daily and building back the language that was once lost. Please know that if you hear your child speak and don't understand, it's the language we sing, count, and say colors on a daily basis. Weather is changing and we still need the 45 minutes to run off our energy, so please remember to dress accordingly. We have our names on the table and hope to start talking about the letters in each person's name. We all know where to sit daily, as each has remembered their spot! Feel free to come and share stories, culture, song, or dance with us.

—Katherine & Shala

Starfish



Welcome fall! It has been wonderful coming into the new school year and getting back into our routine. We would like to wish a very happy birthday to Harrison who turns three this month! This month we will be focusing on fall and learning about all the wonderful things fall has to offer. We will be having our Pumpkin Extravaganza family event on Friday, October 18 from 10am–1pm. In the classroom, we will be working with things from fall: we will observe different colors of leaves, look at the differences in pumpkins (sizes, shapes, textures) and look inside the pumpkin, including its seeds. Please remember that we do go outside daily and, as the fall weather creeps in, it is important to dress your children for the weather. Thank you for sharing your children with us.

—Kara, Elisa, & Jessyca

Frog



Hello families! This month we will be doing Halloween activities! We will incorporate your goals that you have given us for your child and can't wait to help you achieve them! We also be incorporating some more fine motor skill activities as well as others as assessed from the ASQ's we did last month! As we notice them speaking more words, we will be making each child a word poster to keep track! We will be finishing up home visits and getting prepared for conferences in November! We will be scheduling them towards the end of the month, so be on the lookout for the sign-up sheet! Another reminder that it is now fall and we are entering the cold and rainy season! That means we will need a warm jacket for them here at school! You are free to leave one here or bring one every day. We also have the Pumpkin Extravaganza on Friday, October 18 from 10am–1pm! Hope to see you there!

—Lakrista, Cailee, & Kristy

Gray Whale



Welcome to October and thank you for sharing your wonderful babies with us, they are such a joy to have and spend time with. As we enter our second month, they are all still adjusting to their new environment and new caregivers but we're establishing connections and forming bonds with your little one. Once we're stable with those bonds and connections and they're accustomed with our classroom routine, they'll be more comfortable to explore, learn, and develop new skills knowing they're with trusting and loving caregivers. This month we'll focus on helping your little one develop new skills and expand on skills they already possess. We'll use a variety of materials within the classroom and social interactions with daily tasks and routines, one-on-one time with children, and interactions as a group.

We'd like to wish Arayah a very happy birthday, she turns one year old this month.

—Alondra, Fran, & Lutreece

CAR SEAT SAFETY TIPS

INSTALLING YOUR CAR SEAT

Correctly used child safety seats can reduce the risk of death by as much as 71 percent.



Experts Can Help You Install Your Car Seat

- **Go to a Checkup Event.** Safe Kids coalitions have car seat checkup events and inspection stations around the country. Find an event at <https://www.safekids.org/safetytips>
- **Find an Expert.** If there isn't an event near you, look here for a certified Child Passenger Safety Technician who can help you.
- **Do it Yourself.** Take time to read the owner manuals for both your vehicle and your car seat. Each type of car seat is different. We have more tips for installing seats for babies, little kids and big kids.

Find the Best Place in the Car

The back seat is best. It is the safest place to ride for all children under age 13. **Find the best position.** Not all cars or SUVs allow for a car seat in every place that has a seat belt. Check your car owner manual to see where you can safely put a car seat. **Consider every passenger.** Make sure that the car seat or booster seat for each child riding in the car is in the best possible place. Also, make sure other passengers in the car can ride safely, too.

Use the Seat Belt or LATCH

There are two ways to secure a car seat in a vehicle. Both are safe, but don't use both at the same time. **Seat belt.** Place the seat belt through the car seat at the belt path. Look for arrows and directions on the car seat label to show you the correct belt path to use. Use the top tether on all forward-facing car seats.

LATCH. That stands for lower anchors and tethers for children. Car seats have lower attachments that connect to the car's lower anchor bars. Use the top tether on all forward-facing car seats.

Watch LATCH weight limits. Lower anchor bars have a weight limit of 65 pounds, which includes the weight of the car seat plus the weight of your child. Your car seat label will tell you when to stop using the lower anchors and switch to the seat belt plus tether. Continue to use the top tether until the time your child moves to the belt positioning booster seat.

Get a Snug Fit

Do the Inch Test. A properly-installed car seat shouldn't move more than one inch front to back or side to side when pulled at the seat belt path. This rule applies for forward-facing car seats and rear-facing car seats and when the seat is secured with either the seat belt or LATCH. The top tether makes your forward facing car seat extra snug. Use it every time! <https://www.safekids.org/tip/installing-your-car-seat>

RIGHT FIT FOR YOUR CHILD'S CAR SEAT

About the Harness

- **How it works.** A properly-fitted 5-point harness gives the best possible protection for your child. A 5-point harness has straps that go over both shoulders and both hips and then buckles at the crotch.
- **Check the label.** It will tell you the weight and height range of the harness. Check regularly to make sure your child hasn't outgrown it.
- **The harness changes over time.** Once your child outgrows the 5-point harness, the adult seat belt is used with the belt positioning booster seat. Learn about the right fit for babies, little kids and big kids.

Use the Correct Harness Slots

- **Rear-facing seats.** The shoulder straps should come through the car seat at or below your child's shoulders.
- **Forward-facing seats.** The shoulder straps should be at or above your child's shoulders.

Use the Correct Harness and Belt Placement

- **Car seat.** Use a 5-point harness for your child for as long as your child meets the weight or height limits of the car seat. A 5-point harness provides more protection than a seat belt used with a booster seat or a seat belt alone. Do the Pinch Test shown on this video to make sure you have a snug fit.
- **Belt Positioning Booster seat:** After your child has outgrown the car seat harness, move to a booster seat. Use the car's lap and shoulder seat belt with a booster seat as shown in this video. Get more details about booster seats.
- **Seat belt alone:** You can Watch the Seat Belt Fit Test video at <https://www.safekids.org/safetytips> and do the test in every car your child uses. Check out more tips about pre-teens in cars.

Get a Snug Fit. Do the Pinch Test.

Make sure your harness is snug enough by doing the Pinch Test. After you buckle and tighten the harness, pinch the harness at the shoulder. If the harness is snug, your fingers will slide off the webbing. If the harness is loose, you will be able to pinch the webbing between your fingers. A loose harness is a common mistake and is not safe.

- **Winter coat in the car.** Wearing bulky clothes or winter coats can prevent a snug fit of the harness. You might think your child is securely snug in the seat when in fact the harness is not tight because there is so much air in the jacket. Adjust the harness while your child's coat is off, then put the coat back on and rebuckle. The harness may be tight, but it will fit properly.

https://www.safekids.org/events/field_coalition/safe-kids-washington/field_type/check-event

October 2019 Newsletter - BJT Early Learning Academy



Salmon



As we enter into our second month of school, our children are beginning to get back into the routine of class. As we began our year aging up to the Salmon Room, we will be sending home salmon posters for you and your child to decorate how you like. This month we will be focusing on all things “harvest”. As you drop off and pick up your child in our classroom, keep an eye out for their festive artwork that we will be displaying all around our classroom! October will be bringing in chillier weather so please remember to send your child in weather-appropriate clothing as we do go outside rain or shine. This month will also be our annual Pumpkin Extravaganza event on Friday, October 18. We encourage our families to come join us in our festivities.

—Molly, Jasmin, & Christina

Crab



Happy October Crab Room families! We're happy to have made it to the second month of the school year! We only have a few things coming up this month: Parent Committee on October 9 and 17. Then on Friday, October 18 we will be having our Pumpkin Extravaganza family event from 10am–1pm so please come and join—there will be lots of activities, treats, lunch, and pumpkins for kids and be sure to wear your costumes!

Halloween will fall on a Thursday this year. You may have your child dress up if you'd like, but be aware that their costume might get ruined. Please make sure they have extra clothes just in case we need to change them. Also, please make sure you're bringing in coats/blankets for your child as the months are starting to get wet. We will need extra clothes in your child's basket for any accidents during school time. Please and thank you.

—Jenn, Alix, & Mary

Turtle



Families, we have made it through the first month of school and are becoming familiar with the routine and our classroom environment. We are making friends and learning how to play together and use our words to communicate. We're looking forward to all that October brings so we can go on walks and explore our surroundings. During this month, we will be learning about fall colors and exploring nature while on walks. With the weather changing, please send your child with a coat as we will be going outside rain or shine to play and get fresh air daily.

—Sam T, Cindi, & Kaitlyn

Orca



Fall is in full swing and we are now into our second month of school. We have a lot of exciting activities planned for this month and plan to enjoy the change of season. Just a reminder that Friday, October 18 is our Pumpkin Extravaganza and children are encouraged to wear their costumes. We would like to wish Graham, Christian, and Claudette a very happy first birthday! We look forward to watching our class grow and learn.

—Sherry, Darla, & Melissa Y.

COMMUNITY EARLY LEARNING OPPORTUNITY:

Early Childhood Developmental Services through a
Federally Funded Community - Based Program
Serving the Tulalip / Marysville School District

Early Head Start

**Services provided for
Pregnant Moms
Children ages birth - 3**

We offer:

- **Disabilities / Special Needs**
- **Center Based Learning**
- **Certified Educated Teachers with Early Learning Experience**
- **Small class sizes**
- **8 Children Per – Class with 2 Teachers**
- **Parent & Family Involvement**
- **Fun Family Events**
- **Parent Resources**
- **Parent Education Trainings**