



Kindergarten Readiness Guidelines

Parents and families have a very important role as their child's first teacher. Children learn in different ways and at different rates. They come to school with varying skills. These guidelines highlight some of the skills children need to be prepared for kindergarten. The list below suggests ways to work with your child to help him/her be more ready for school.

Social/Emotional

		We are working on this	Yes, my child can do this
1	My child can follow 2-step directions consistently and is beginning to follow 3-step directions.	<input type="checkbox"/>	<input type="checkbox"/>
2	My child can remember and follow routines (ex: dinner, bath, brush teeth, read bedtime story, go to bed).	<input type="checkbox"/>	<input type="checkbox"/>
3	My child can tell about his/her own feelings (ex: I feel happy, I feel sad, I feel excited).	<input type="checkbox"/>	<input type="checkbox"/>
4	My child can calm him/herself when frustrated or upset.	<input type="checkbox"/>	<input type="checkbox"/>
5	My child can put on his/her own coat.	<input type="checkbox"/>	<input type="checkbox"/>
6	My child can use the bathroom independently.	<input type="checkbox"/>	<input type="checkbox"/>
7	My child can wash his/her hands.	<input type="checkbox"/>	<input type="checkbox"/>
8	My child can put away toys, clean up small spills and pick up after him/herself.	<input type="checkbox"/>	<input type="checkbox"/>
9	My child shares, takes turns and helps others.	<input type="checkbox"/>	<input type="checkbox"/>
10	My child adjusts to new situations and/or people.	<input type="checkbox"/>	<input type="checkbox"/>
11	My child plays cooperatively with others.	<input type="checkbox"/>	<input type="checkbox"/>
12	My child can comfort others.	<input type="checkbox"/>	<input type="checkbox"/>
13	My child has the opportunity to play regularly with the same friends his/her age.	<input type="checkbox"/>	<input type="checkbox"/>

Physical

		We are working on this	Yes, my child can do this
1	My child can run, jump and gallop.	<input type="checkbox"/>	<input type="checkbox"/>
2	My child can stand on one foot.	<input type="checkbox"/>	<input type="checkbox"/>
3	My child can throw and catch a large ball.	<input type="checkbox"/>	<input type="checkbox"/>
4	My child can kick a ball.	<input type="checkbox"/>	<input type="checkbox"/>
5	My child can cut using scissors.	<input type="checkbox"/>	<input type="checkbox"/>
6	My child can hold and use a pencil.	<input type="checkbox"/>	<input type="checkbox"/>
7	My child can buckle, zip, snap, and button.	<input type="checkbox"/>	<input type="checkbox"/>

Language

		We are working on this	Yes, my child can do this
1	My child can use words to express his/her thoughts and needs.	<input type="checkbox"/>	<input type="checkbox"/>
2	My child can name and describe familiar things in his/her world.	<input type="checkbox"/>	<input type="checkbox"/>
3	My child uses new words everyday.	<input type="checkbox"/>	<input type="checkbox"/>
4	My child speaks clearly and is understood by most people.	<input type="checkbox"/>	<input type="checkbox"/>
5	My child can speak in 4-6 word sentences.	<input type="checkbox"/>	<input type="checkbox"/>
6	My child can talk about things that happened in the past, with details.	<input type="checkbox"/>	<input type="checkbox"/>
7	My child can have a conversation on one topic with another person, taking turns talking.	<input type="checkbox"/>	<input type="checkbox"/>

Cognitive

		We are working on this	Yes, my child can do this
1	My child can think of more than one way to solve a problem.	<input type="checkbox"/>	<input type="checkbox"/>
2	My child shows curiosity and seeks answers to questions.	<input type="checkbox"/>	<input type="checkbox"/>
3	My child shows flexibility and creativity in play and problem solving.	<input type="checkbox"/>	<input type="checkbox"/>
4	My child can group things by color, shape, or size, etc.	<input type="checkbox"/>	<input type="checkbox"/>
5	My child can sit still, stay focused and stick with an activity.	<input type="checkbox"/>	<input type="checkbox"/>

Literacy

		We are working on this	Yes, my child can do this
1	My child knows 5-10 rhymes or children's songs.	<input type="checkbox"/>	<input type="checkbox"/>
2	My child knows if words start with the same sound (for example: big, brown, bear).	<input type="checkbox"/>	<input type="checkbox"/>
3	My child can hear parts of words (ex: hap-py, 2 parts or 2 syllables).	<input type="checkbox"/>	<input type="checkbox"/>
4	My child recognizes and names 10-20 upper and 10-20 lower case letters.	<input type="checkbox"/>	<input type="checkbox"/>
5	My child says the correct sounds for 10-20 letters.	<input type="checkbox"/>	<input type="checkbox"/>
6	My child is familiar with the parts of a book: cover, title, pages, words, etc.	<input type="checkbox"/>	<input type="checkbox"/>
7	My child reads with an adult or listens to a story daily; he/she can talk about and retell a story.	<input type="checkbox"/>	<input type="checkbox"/>
8	My child "writes" a story by drawing pictures and/or using letters.	<input type="checkbox"/>	<input type="checkbox"/>
9	My child can write his/her name and identify the letters.	<input type="checkbox"/>	<input type="checkbox"/>
10	My child can say the alphabet.	<input type="checkbox"/>	<input type="checkbox"/>

Math

		We are working on this	Yes, my child can do this
1	My child can count 10-20 objects, pointing to each object.	<input type="checkbox"/>	<input type="checkbox"/>
2	My child can count out loud, in order, up to 20.	<input type="checkbox"/>	<input type="checkbox"/>
3	My child is beginning to understand and use the words more, less and the same.	<input type="checkbox"/>	<input type="checkbox"/>
4	My child can identify numbers 1-10.	<input type="checkbox"/>	<input type="checkbox"/>
5	My child connects numbers 1-10 with the matching set of objects.	<input type="checkbox"/>	<input type="checkbox"/>
6	My child identifies common shapes (ex: circle, square, triangle, rectangle).	<input type="checkbox"/>	<input type="checkbox"/>
7	My child matches and sorts simple shapes.	<input type="checkbox"/>	<input type="checkbox"/>
8	My child uses measuring tools in play (ex: cups, spoons, ruler, scale).	<input type="checkbox"/>	<input type="checkbox"/>
9	My child uses words to describe things by size, shape, and weight (ex: big, circle, heavy).	<input type="checkbox"/>	<input type="checkbox"/>
10	My child can put things in order (ex: 1st, 2nd, 3rd).	<input type="checkbox"/>	<input type="checkbox"/>

Personal Information

		We are working on this	Yes, my child can do this
1	My child knows his/her first name, last name and parents' names.	<input type="checkbox"/>	<input type="checkbox"/>
2	My child knows his/her address and phone number.	<input type="checkbox"/>	<input type="checkbox"/>
3	My child can name 10 body parts (head, shoulders, knees, fingers, etc.).	<input type="checkbox"/>	<input type="checkbox"/>
4	My child knows his/her age and birthday.	<input type="checkbox"/>	<input type="checkbox"/>