

# JANUARY MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST				1	2
LUNCH				CLOSED	CLOSED
PM SNACK					
BREAKFAST	Life Cereal, Cheesestick, Pears, Milk 5	Mini Croissant, Sunbutter, Sliced Peaches, Milk 6	Waffles, Canadian Bacon, Strawberries, Milk 7	Special K Cereal, Cheesestick, Banana, Milk 8	Pancakes, Chicken Apple Sausage, Mixed Berries, Milk 9
LUNCH	Vegetable Soup W/ Chicken And Wild Rice, Breadsticks, Pineapple, Milk	Mac and Cheese, Broccoli, Roll, Orange Slices, Milk	Chicken Nuggets, Green Salad, Tater Tots, Mango, Milk	Goulash, Garlic Bread, Green Beans, Blueberries, Milk	Fish Sticks, French Fries, Peas, Mandarin Oranges, Milk
PM SNACK	Goldfish, Applesauce, Water	Pretzel with Cheese Sauce, Raspberries, Water	Egg Salad, Celery Sticks, Naan Bread, Water	Cottage Cheese w/ Peaches, Water	Banana Bread, Applesauce, Water
BREAKFAST	Scrambled Eggs, English Muffin, Sliced Oranges, Milk 12	Cream of Wheat, Blueberries, Cheesestick, Milk 13	Banana Muffin, Hard Boiled Egg, Pineapple, Milk 14	Cheerios, Banana, Turkey Sausage, Milk 15	Yogurt, Granola, Mixed Berries, Milk 16
LUNCH	Chili, Cornbread, Corn, Peaches, Milk	Chicken Fettuccine Alfredo, Caesar Salad, Garlic Toast, Strawberries, Milk	Tatertot Casserole, Peas and Carrots, Roll, Cantaloupe, Milk	Orange Chicken, Rice, Green Beans, Tropical Fruit, Milk	Scallop Potato w/ Ham, Brussels Sprouts, Roll, Peas, Milk
PM SNACK	Cereal Mix, Mango, Water	Bagels with Sunbutter, Banana, Water	English Cucumber Sticks, Cheese Slices, Water	Ritz Crackers, Applesauce, Water	Carrot Sticks, Graham Crackers, Water
BREAKFAST	19	English Muffin, Sunbutter, Tropical Fruit, Milk 20	Pancakes, Turkey Sausage, Blueberries, Milk 21	Life Cereal, Cheesestick, Sliced Peaches, Milk 22	Whole Wheat Toast, Scrambled Eggs, Applesauce, Milk 23
LUNCH	CLOSED	Turkey Spaghetti, Green Salad, Garlic Bread, Orange Slices, Milk	Sloppy Joes, Green Beans, Bun, Mixed Fruit, Milk	Ham and Cheese Sandwich, Carrot and Celery Sticks, Cantaloupe, Milk	BBQ Meatballs, Rice, Roasted Squash, Tropical Fruit, Milk
PM SNACK		Granola Bar, Apple Slices, Water	Blueberry Muffin, English Cucumber Sticks, Water	Animal Crackers, Snap Peas w/ Ranch, Water	Banana, Crackers, Water
BREAKFAST	Rice Krispies Cereal, Canadian Bacon, Sliced Oranges, Milk 26	Blueberry Muffin, Scrambled Eggs, Banana, Milk 27	Biscuit and Sausage Gravy, Pears, String Cheese, Milk 28	Overnight Oats, Chicken Apple Sausage, Mixed Berries, Milk 29	French Toast, Turkey Sausage, Strawberries, Milk 30
LUNCH	Chicken Tenders, Coleslaw, Hawaiian Roll, Pineapple Chunks, Milk	Turkey and Cheese Sandwich, Sugar Snap Peas, Raspberries, Milk	Roast Beef, Red Potato, Roll, Mango. Milk	Chicken and Broccoli Casserole, Corn, Bread Stick, Cantaloupe, Milk	Fish Sticks, Tatertots, Peas and Carrots, Mandarin Oranges, Milk
PM SNACK	Cornbread, Sliced Cheese, Water	Raisin Oatmeal Bars, Applesauce, Water	Pretzel with Cheese Sauce, Broccoli, Water	Celery Stick, Cheese Stick, Water	Goldfish, Apple Slices, Water

BETTY J. TAYLOR EARLY LEARNING ACADEMY