

Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 1 July 1st July 5th 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 3/4 cup</p> <p>Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p>WGR Life Cereal Turkey Sausage Banana</p> <p>Milk</p>	<p>Yogurt WRG Granola Raspberries</p> <p>Milk</p>	<p>WGR Life Cereal Turkey Sausage Banana</p> <p>Milk</p>	<p>CLOSED</p>	<p>CLOSED</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p>Ham & Cheese Roll up WGR Tortilla Sliced Cucumber Watermelon</p> <p>Milk</p>	<p>Beef Goulash WGR Noodle Garlic Bread Corn Honey Dew</p> <p>Milk</p>	<p>Chicken Nuggets Tater Tots Green Beans Apple Slices</p> <p>Milk</p>	<p>CLOSED</p>	<p>CLOSED</p>
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p>Cheese Stick Celery Sticks</p> <p>Water</p>	<p>Berry Animal Cracker Orange Slices</p> <p>Water</p>	<p>WGR Cereal Mix Applesauce</p> <p>Water</p>	<p>CLOSED</p>	<p>CLOSED</p>
				<p>Independence Day</p>	<p>ALL STAFF TRAINING</p>

Foods containing peanuts will not be served. Allergy substitution requires medical documentation.

One Whole Grain food item is required daily

Allergy substitutions are documented in the kitchen and in the classroom

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Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 2 July 8th - July 12th 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: ½ cup 1% or nonfat Milk: ¼ cup</p> <p>Infants Grains: ½ serving Fruit or vegetable: ¼ cup Milk: ½ cup</p>	<p>WGR Cheerios Turkey Sausage Banana</p> <p>Milk</p>	<p>WGR French Toast Sticks Canadian Bacon Sliced Oranges</p> <p>Milk</p>	<p>Mini Croissant Hard Boiled Eggs Blackberries</p> <p>Milk</p>	<p>WGR Crispix Cereal Cheese Sticks Cantaloupe</p> <p>Milk</p>	<p>WGR Biscuit & Gravy Turkey Sausage Blueberries</p> <p>Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: ½ serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: ½ serving Vegetable and/or fruit (2 or more, ¼ cup each) Milk: ½ cup</p>	<p>Beef Sloppy Joe WGR Bun Peas and Carrots Mango</p> <p>Milk</p>	<p>Baked Mac & Cheese WGR Pasta Broccoli Honey Dew</p> <p>Milk</p>	<p>Chicken Sliders WGR Bun French Fries Watermelon</p> <p>Milk</p>	<p>Sun Butter & Jelly WGR Bread Carrot Sticks Apple Slices</p> <p>Milk</p>	<p>Fish Sticks Green Beans Garlic Bread Pineapple</p> <p>Milk</p>
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; ½ cup Grain: ½ serving Meat/meat alternate: ½ oz</p>	<p>Cheese It's Watermelon</p> <p>Water</p>	<p>Naan Bread Cheese Sauce Cauliflower</p> <p>Water</p>	<p>WGR Crackers Cheese Slices Apple Slices</p> <p>Water</p>	<p>Mozzarella Sticks W/Ranch Dressing Celery Sticks</p> <p>Water</p>	<p>WR Animal Crackers Mango Smoothie</p> <p>Water</p>
				<p>Teddy Bear Picnic</p>	<p>Child Care Only</p>

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Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 3 July 15th – July 19th 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: ½ cup 1% or nonfat Milk: ¼ cup</p> <p>Infants Grains: ½ serving Fruit or vegetable: ¼ cup Milk: ½ cup</p>	<p>WGR Kix Cereal Turkey Sausage Banana</p> <p>Milk</p>	<p>WGR Waffles Hard Boiled Egg Mango</p> <p>Milk</p>	<p>Scrambled Eggs & Cheese WGR Tortilla Peaches</p> <p>Milk</p>	<p>Blueberry Muffins Canadian Bacon Pears</p> <p>Milk</p>	<p>Cheddar Cheese Biscuit Turkey Sausage Mixed Fruit</p> <p>Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: ½ serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: ½ serving Vegetable and/or fruit (2 or more, ¼ cup each) Milk: ½ cup</p>	<p>Cheeseburger Sliders WGR Buns Sweet Potato Tots Blueberries</p> <p>Milk</p>	<p>Sun Butter & Jelly WGR Bread Snap Peas Orange Slices</p> <p>Milk</p>	<p>Chicken Strips Roasted Potatoes & Cauliflower Blackberries</p> <p>Milk</p>	<p>Tuna Fish Sandwich WGR Bread Pickles Watermelon</p> <p>Milk</p>	<p>Beef Spaghetti WGR Pasta Garlic Bread Corn Honey Dew</p> <p>Milk</p>
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit: ½ cup Grain: ½ serving Meat/meat alternate: ½ oz</p>	<p>Naan Bread Cheese Sauce Cauliflower</p> <p>Water</p>	<p>Animal Cracker Cantaloupe</p> <p>Water</p>	<p>Goldfish Carrot Sticks & Ranch Dressing</p> <p>Water</p>	<p>Yogurt Raspberries</p> <p>Water</p>	<p>Cheese It's Bananas</p> <p>Water</p>
			Parent Committee	Policy Council	Child Care Only

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Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 4 July 22nd July 26th 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 3/4 cup</p> <p>Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p>WGR Rice Chex Turkey Sausage Banana</p> <p>Milk</p>	<p>Yogurt WGR Granola Strawberries</p> <p>Milk</p>	<p>WGR Waffles Hard Boiled Eggs Raspberries</p> <p>Milk</p>	<p>Scrambled Eggs W/ Sausage Crumbles WGR Toast Cantaloupe</p> <p>Milk</p>	<p>WGR French Toast Canadian Bacon Mixed Berry Compote</p> <p>Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p>Soft Beef Taco WGR Tortilla Cheddar Cheese Sour Cream Shredded Lettuce Corn Watermelon</p> <p>Milk</p>	<p>Chicken Nuggets French Fries Broccoli Mango</p> <p>Milk</p>	<p>Beef Meatloaf Mashed Potatoes & Brown Gravy WGR Wheat Roll Honey Dew</p> <p>Milk</p>	<p>Turkey & Cheese Sandwich WGR Bread Cucumber Slices Blueberries</p> <p>Milk</p>	<p>Ham Pasta Salad WGR Noodles Corn Watermelon</p> <p>Milk</p>
<p>Snack: 3 - 5 and Infants Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p>Cheese & Crackers Apple Slices</p> <p>Water</p>	<p>Goldfish Orange Wedges</p> <p>Water</p>	<p>Banana Wraps WGR Tortilla Sun Butter</p> <p>Water</p>	<p>Corn Bread Muffins Carrot Sticks</p> <p>Water</p>	<p>Graham Crackers Mango Smoothie</p> <p>Water</p>
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Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 5 July 29th – August 2nd 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 3/4 cup</p> <p>Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p>WGR Life Cereal Cheese Sticks Banana</p> <p>Milk</p>	<p>WGR Biscuits & Sausage Gravy Turkey Sausage Orange Slices</p> <p>Milk</p>	<p>WGR French Toast Canadian Bacon Pears</p> <p>Milk</p>	<p>Hard Boiled Eggs WGR Toast Blackberries</p> <p>Milk</p>	<p>Yogurt WGR Granola Strawberries</p> <p>Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p>Chicken Nuggets French Fries Snap Peas Mango</p> <p>Milk</p>	<p>Fish Tacos Mango Salsa WGR Tortilla Coleslaw Tropical Fruit</p> <p>Milk</p>	<p>Teriyaki Chicken WGR Brown Rice Green Beans Raspberries</p> <p>Milk</p>	<p>Sun Butter & Jelly Sandwich WGR Bread Cucumber Slices Apple Slices</p> <p>Milk</p>	<p>Cheeseburger Sliders WGR Bun Sweet Potato Tots Watermelon</p> <p>Milk</p>
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p>Sun Butter Celery Sticks</p> <p>Water</p>	<p>Banana Bread Mango Smoothies</p> <p>Water</p>	<p>WGR Cereal Mix Carrot Sticks & Ranch Dip</p> <p>Water</p>	<p>WGR Cheese Crackers Orange Wedges</p> <p>Water</p>	<p>Graham Crackers Applesauce</p> <p>Water</p>
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