

# JULY MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST		Life Cereal*, Turkey Sausage, Banana, Milk 1	Sausage Biscuits*, Pears, Milk 2	3	4
LUNCH		Beef Goulash*, Garlic Bread, Corn, Honeydew, Milk	Chicken Nuggets, Tater Tots, Green Beans, Apple Slices, Milk	CLOSED	CLOSED
PM SNACK		Celery w/ Sun Butter, Cheesesticks, Water	Animal Crackers*, Blackberries, Water		
BREAKFAST	French Toast*, Canadian Bacon, Applesauce, Milk 7	Biscuits* and Gravy, Turkey Sausage, Blueberries, Milk 8	Yogurt, Blackberries, Granola, Milk 9	Breakfast Burritos*, Raspberries, Milk 10	Crispix Cereal*, Cheesesticks, Cantaloupe, Milk 11
LUNCH	Beef Sloppy Joes*, Green Salad, Mixed Fruit, Milk	White Chicken Chili, Cornbread*, Corn, Nectarine, Milk	Fishsticks, Sweet Potato Fries, Cauliflower, Mango, Milk	Sunbutter and Jelly Sandwiches*, Carrot Sticks, Strawberries, Milk	BBQ Chicken, Pasta Salad*, Green Beans, Honeydew, Milk
PM SNACK	Broccoli w/ Cheese Sauce, Soft Pretzels, Water	Celery w/ Ranch, Cheeze Itz*, Water	Zucchini Bread, Apricots, Water	Cheese and Apple Slices, Crackers*, Water	Cottage Cheese, Peaches, Water
BREAKFAST	Waffles*, Hardboiled Eggs, Blueberries, Milk 14	Egg Bites, English Muffins*, Cantaloupe, Milk 15	Kix Cereal*, Turkey Sausage, Banana, Milk 16	Scrambled Eggs, Toast*, Raspberries, Milk 17	Blueberry Biscuits*, String Cheese, Orange Slices, Milk 18
LUNCH	Roast Beef Sliders*, Caesar Salad, Fruit Cocktail, Milk	Turkey and Cheese Sandwiches, Snap Peas, Mango, Milk	Beef Taco Salad, Roll*, Blackberries, Milk	Chicken Broccoli Rice* Casserole, Pears, Milk	Chicken Strips, Cheesy Mashed Potatoes*, Green Beans, Apricots, Milk
PM SNACK	Bananas, Cereal Mix*, Water	Honeydew, Animal Crackers*, Water	Apple Cinnamon Muffins*, Jicama Sticks, Water	Guacamole w/ Pita Bread*, Apples, Water	Mandarin Oranges, Crackers*, Water
BREAKFAST	Pancakes*, Mixed Berry Compote, Turkey Sausage, Milk 21	French Toast*, Canadian Bacon, Nectarines, Milk 22	Cheesy Scrambled Eggs, Raisin Toast*, Strawberries, Milk 23	Yogurt, Granola*, Blackberries, Milk 24	Biscuits* and Gravy, Turkey Sausage, Oranges, Milk 25
LUNCH	Fish Tacos*, Mango Coleslaw, Tropical Fruit, Milk	Chili w/ Cornbread*, Caesar Salad, Raspberries, Milk	Chicken Nuggets, French Fries, Cucumber, Apples, Mlk	Spaghetti* w/ Meatballs, Asparagus, Pears, Milk	Ham, Pasta Salad*, Corn, Watermelon, Milk
PM SNACK	Cauliflower w/ Cheese Sauce, Soft Pretzel*, Water	Cottage Cheese, Peaches, Water	Egg Salad w/ Celery Sticks, Water	Bananas, Goldfish*, Water	Cheesy Roll Ups, Broccoli, Water
BREAKFAST	Hardboiled Egg, Mini Croissant*, Apples, Milk 28	Cheerios Cereal*, Turkey Sausage, Banana, Milk 29	Breakfast Burritos*, Mixed Fruit, Milk 30	Waffles*, String Cheese, Blueberries, Milk 31	
LUNCH	Tuna Sandwich* w/ Pickles, Cauliflower, Raspberries, Milk	Chicken Noodle Soup, Roll*, Green Salad, Orange Slices, Milk	Beef Stroganoff*, Green Beans, Blackberries, Milk	Teriayki Chicken w/ Rice*, Broccoli & Carrots, Mango, Milk	
PM SNACK	Hummus, Carrot Sticks, Water	Bagel w/ Strawberry Cream Cheese, Strawberries, Water	Animal Crackers*, Watermelon, Water	Zucchini Bread*, Applesauce, Water	

BETTY J. TAYLOR EARLY LEARNING ACADEMY