

Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 1 June 3rd June 7th 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 3/4 cup Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup	WG Rice Krispies Cheese Sticks Bananas Milk	Biscuits and Pork Gravy Turkey Sausage Orange Slices Milk	WGR French Toast Canadian Bacon Pears Milk	Hard Boiled Eggs WGR Toast Applesauce Milk	Yogurt WGR Granola Blueberries Milk
Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup	Chicken Nuggets French Fries WGR Roll Watermelon Milk	Fish Tacos Mango Salsa WGR Tortilla Coleslaw Tropical Fruit Milk	Turkey & Cheese Sandwiches WGR Bread Cucumber Slices Raspberries Milk	Teriyaki Chicken Brown Rice Snap Peas Orange Wedges Milk	Cheeseburger Sliders WGR Bun Sweet Potato Tots Apple Slices Milk
Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz	Sun Butter Celery Sticks Water	Banana Bread Applesauce Water	WGR Cereal Mix Carrot Sticks & Ranch Dip Water	Cheese Crackers Cauliflower Water	WGR Goldfish Bananas Water
					Child Care Only

Foods containing peanuts will not be served. Allergy substitution requires medical documentation.

One Whole Grain food item is required daily.

Allergy substitutions are documented in the kitchen and in the classroom.

This institution is an equal opportunity provider and employer.

We do not discriminate on the basis of gender identity and sexual orientation.

Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 2 June 10th –June 14th 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: ½ cup 1% or nonfat Milk: ¾ cup Infants Grains: ½ serving Fruit or vegetable: ¼ cup Milk: ½ cup	WGR Crispix Cereal Turkey Sausage Banana Milk	Scrambled Eggs Beef Sliders WGR Toast Cantaloupe Milk	WGR Bagels Cream Cheese Canadian Bacon Blackberries Milk	WG Chex Cereal String Cheese Orange Slices Milk	No School
Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: ½ serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup Infants Meat/meat alternate: 1 oz Grain: ½ serving Vegetable and/or fruit (2 or more, ¼ cup each) Milk: ½ cup	Chicken Nuggets Roasted Potatoes, Cauliflower & Carrots WGR Roll Honey Dew Milk	Ham & Cheese Sliders WGR Bun Tater Tots Watermelon Milk	Chicken Yakisoba WGR Noodles Broccoli Shredded Carrots Snap Peas Mandarin Oranges Milk	Beef Enchilada Casserole WGR Tortilla Corn Raspberries Milk	ZOO DAY
Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; ½ cup Grain: ½ serving Meat/meat alternate: ½ oz	Naan Bread Cheese Sauce Broccoli Water	Graham Cracker Applesauce Water	Cereal Mix Watermelon Water	WGR Goldfish Carrot Sticks Water	Father's Day Event
				Father's Day Event	No Childcare

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Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 3 June 17th – June 21st 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: ½ cup 1% or nonfat Milk: ¾ cup Infants Grains: ½ serving Fruit or vegetable: ¼ cup Milk: ½ cup	WGR Kix Cereal Turkey Sausage Banana Milk	WGR French Toast Sticks Hard Boiled Eggs Blackberries Milk		WGR Waffles Canadian Bacon Orange Slices Milk	Blueberry Muffins Beef Patty Blueberries Milk
Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: ½ serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, ¾ cup Infants Meat/meat alternate: 1 oz Grain: ½ serving Vegetable and/or fruit (2 or more, ¼ cup each) Milk: ½ cup	Chicken Alfredo WGR Pasta Peas & Carrots Watermelon Milk	Beef Taco Salad Lettuce, Cheese Sour Cream WGR Tortilla Pineapple Milk	CLOSED HOLIDAY	Beef Sloppy Joes WGR Bun French Fries Strawberries Milk	Tuna Fish Sandwich WGR Bread Pickles Mandarin oranges Milk
Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; ½ cup Grain: ½ serving Meat/meat alternate: ½ oz	WGR Crackers Honey Dew Water	Soft Pretzel Cheese Sauce Cauliflower Water		Berry Animal Crackers Baby Carrots Water	WGR Goldfish Apple Slices Water
		Parent Committee	Juneteenth	Policy Council	Regular School Day Clam Bake

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Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 4 June 24th – June 28th 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: ½ cup 1% or nonfat Milk: ¾ cup Infants Grains: ½ serving Fruit or vegetable: ¼ cup Milk: ½ cup	WGR Cheerios Turkey Sausage Banana Milk	Biscuits & Gravy Turkey Sausage Orange Slices Milk	WGR Life Cereal Canadian Bacon Raspberries Milk	Scrambled Eggs WGR Toast Canned Pears Milk	WGR French Toast Hard Boiled Eggs Strawberries Milk
Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: ½ serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup Infants Meat/meat alternate: 1 oz Grain: ½ serving Vegetable and/or fruit (2 or more, ¼ cup each) Milk: ½ cup	Chicken Strips Tater Tots WGR Roll Watermelon Milk	Beef Spaghetti WGR Noodles Garlic Bread Green Salad Cantaloupe Milk	Garlic Herb Wrap Turkey Provolone Cream Cheese Cauliflower Honey Dew Milk	Ham & Cheese Sliders WGR Bun Potato Salad Carrots Watermelon Milk	Chicken and Cheese Quesadilla WGR Tortilla Peas and Carrots Mango Milk
Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; ½ cup Grain: ½ serving Meat/meat alternate: ½ oz	Spinach Dip Naan Bread Carrot Sticks Water	Cheese Crackers Snap Peas Water	Sun Butter Celery Sticks Water	WGR Cereal Mix Broccoli Water	Corn Bread Applesauce Water
					Child Care Only

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