

Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 1 March 4th 8th 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: ½ cup 1% or nonfat Milk,: ¾ cup Infants Grains: ½ serving Fruit or vegetable: ¼ cup Milk: ½ cup	WGR Crispix Cereal Turkey Sausage Banana Milk	WGR Biscuits & Pork Gravy Turkey Sausage Pears Milk	Yogurt WGR Granola Blueberries Milk	Green Eggs & Ham Scrambled Eggs WGR Toast Sliced Oranges Milk	WGR Waffles String Cheese Mixed Fruit Milk
DR Seuss Spirit Week	PJ Day	Hat Day	Dress Wacky	Green Day	TELA Day
Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: ½ serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup Infants Meat/meat alternate: 1 oz Grain: ½ serving Vegetable and/or fruit (2 or more, ¼ cup each) Milk: ½ cup	Baked Beef Raviolis Marinara Green Salad WGR Garlic Bread Honey Dew Milk	Chicken Pot Pie Peas, Carrots & Red Potatoes WGR Bread Sticks Strawberries Milk	Turkey Pinwheels WGR Tortilla Cream Cheese Cucumber Slices Apple Wedges Milk	Enchilada Casserole WGR Tortillas Corn Blackberries Milk	BBQ Chicken WGR Macaroni Salad w/Carrots Roasted Cauliflower Pineapple Milk
Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; ½ cup Grain: ½ serving Meat/meat alternate: ½ oz	Graham Crackers Orange & Mango Smoothies Water	WGR Cracker Red Bell Pepper & Celery & Ranch Dip Water	String Cheese Sweet Potato Tots Water	Hummus & Cauliflower Water	Banana Wraps WGR Tortilla Sun Butter Water
					Child Care Only

Foods containing peanuts will not be served. Allergy substitution requires medical documentation.

One Whole Grain food item is required daily.

Allergy substitutions are documented in the kitchen and in the classroom.

This institution is an equal opportunity provider and employer.

We do not discriminate on the basis of gender identity and sexual orientation.

Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 2 March 11th-15th 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: ½ cup 1% or nonfat Milk: ¾ cup Infants Grains: ½ serving Fruit or vegetable: ¼ cup Milk: ½ cup	WGR Cheerios Turkey Sausage Banana Milk	WGR Dutch Waffles Yogurt Strawberries Milk	Scrambled Eggs W/ Salsa & Cheese WGR Tortilla Mango Milk	WGR Toast Hard Boiled Eggs Orange Slices Milk	Pancakes Turkey Sausage Applesauce Milk
Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: ½ serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup Infants Meat/meat alternate: 1 oz Grain: ½ serving Vegetable and/or fruit (2 or more, ¼ cup each) Milk: ½ cup	Chicken & Vegetable Stir Fry WGR Crunchy Noodles Mandarin Oranges Milk	Fish Sticks WGR Bread Sticks Tater Tots Blueberries Milk	Beef Chili WGR Corn Bread Green Beans Cantaloupe Milk	Ham & Cheese Sandwich WGR Bread Carrot Sticks Apple Slices Milk	Beef Spaghetti WGR Pasta Corn Tropical Fruit Milk
Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit: ½ cup Grain: ½ serving Meat/meat alternate: ½ oz	WGR Crackers Broccoli & Ranch Dip Water	Cheese It's Bananas Water	Naan Bread Spinach Dip Cauliflower Water	Banana Bread Strawberries Water	String Cheese Celery Sticks & Ranch Dip Water
					Regular School

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Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 3 March 18th-22nd 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: ½ cup 1% or nonfat Milk: ¾ cup Infants Grains: ½ serving Fruit or vegetable: ¼ cup Milk: ½ cup	WGR Kix Cereal Turkey Sausage Bananas Milk	Scrambled Eggs W/ Sausage Crumbles & Cheese WGR Toast Orange Slices Milk	WGR Rice Crispy Cereal Cheese Sticks Peaches Milk	WGR Biscuits Sausage Gravy Turkey Sausage Applesauce Milk	WGR French Toast Scrambled Eggs Strawberries Milk
Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: ½ serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup Infants Meat/meat alternate: 1 oz Grain: ½ serving Vegetable and/or fruit (2 or more, ¼ cup each) Milk: ½ cup	Baked Ham Scallop Potatoes WGR Roll Blueberries Milk	Cheeseburger Sliders WGR Buns French Fries Apple Slices Milk	Tuna Sandwiches WGR Bread Pickles Cantaloupe Milk	Ham & WGR Pasta Salad Cucumber Slices Raspberries Milk	Hamburger Soup Potatoes, Carrots Green Beans, Celery WGR Crackers Tropical Fruit Milk
Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; ½ cup Grain: ½ serving Meat/meat alternate: ½ oz	Egg Salad Flat Bread Honey Dew Water	Gold Fish Cucumber Slices Water	Soft Pretzels Cheese Sauce Broccoli Water	Sliced Cheese WGR Cracker Orange Slices Water	Berry Animal Crackers Banana Water
			PARENT COMMITTEE	POLICY COUNCIL MINI HEALTH FAIR	Child Care Only

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Menu Cycle Week 4 March 25th 29th 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 3/4 cup Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup	WGR Crispix Cereal Turkey Sausage Banana Milk	Yogurt WGR Granola Strawberries Milk	WGR Bagel Cream Cheese Turkey Sausage Blueberries Milk	WGR Biscuit Sandwich Canadian Bacon Colby Jack Cheese Pears Milk	WGR Banana Muffin String Cheese Orange Slices Milk
Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup	Beef Tater Tot Casserole Green Beans WGR Roll Cantaloupe Milk	Baked Chicken Thighs Roasted Red Potatoes WGR Breadstick Tropical Fruit Milk	WGR English Muffin Pizza Canadian Bacon Pineapple Green Salad Mandarin Oranges Milk	Chicken Soup WGR Noodle Potatoes Corn, Peas Carrots WGR Crackers Blackberries Milk	Pork Fried Rice WGR Brown Rice Snap Peas Pineapple Milk
Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz	WGR Cereal Mix Celery Sticks & Ranch Dip Water	Apple Slices Sun Butter Water	Soft Pretzels Honey Dew Water	Banana Bread Applesauce Water	WGR Crackers Broccoli & Ranch Dip Water
	Conferences Early Release 12:00	Conferences Early Release 12:00	Conferences Early Release 12:00	Easter Bunny Visit	Child Care Only

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