

# Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 1 April 29<sup>th</sup> – May 3<sup>rd</sup> 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Breakfast:</b> <b>3 - 5</b> Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 3/4 cup</p> <p><b>Infants</b> Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p><b>WGR Rice Krispies</b> <b>Turkey Sausage</b> <b>Bananas</b></p> <p><b>Milk</b></p>	<p><b>Biscuits and Pork Gravy</b> <b>Turkey Sausage</b> <b>Orange Slices</b></p> <p><b>Milk</b></p>	<p><b>WGR French Toast</b> <b>Sticks</b> <b>Cheese Sticks</b> <b>Pears</b></p> <p><b>Milk</b></p>	<p><b>WGR English Muffin</b> <b>Sandwich</b> <b>Turkey Sausage</b> <b>Cheddar Cheese</b> <b>Applesauce</b></p> <p><b>Milk</b></p>	<p><b>WGR Waffles</b> <b>Hard Boiled Eggs</b> <b>Mixed Berry Compote</b></p> <p><b>Milk</b></p>
<p><b>Lunch:</b> <b>3 - 5</b> Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each ) 1% or nonfat Milk, 3/4 cup</p> <p><b>Infants</b> Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p><b>Chicken Strips</b> <b>French Fries</b> <b>WGR Roll</b> <b>Watermelon</b></p> <p><b>Milk</b></p>	<p><b>Cheeseburger Sliders</b> <b>WGR Bun</b> <b>Baked Beans</b> <b>Honey Dew</b></p> <p><b>Milk</b></p>	<p><b>Turkey Pinwheel</b> <b>WGR Tortilla</b> <b>Provolone Cheese</b> <b>Cream Cheese</b> <b>Cucumbers</b> <b>Cantaloupe</b></p> <p><b>Milk</b></p>	<p><b>Swedish Meatballs</b> <b>WGR Noodles</b> <b>Corn</b> <b>Strawberries</b></p> <p><b>Milk</b></p>	<p><b>Tuna Fish Sandwich</b> <b>WRG Bread</b> <b>Pickles</b> <b>Raspberries</b></p> <p><b>Milk</b></p>
<p><b>Snack:</b> <b>3 – 5 and Infants</b> Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p><b>Sun Butter</b> <b>Apple Slices</b></p> <p><b>Water</b></p>	<p><b>Banana Bread</b> <b>Applesauce</b></p> <p><b>Water</b></p>	<p><b>WGR Cereal Mix</b> <b>Carrot Sticks</b></p> <p><b>Water</b></p>	<p><b>Cheese Crackers</b> <b>Watermelon</b></p> <p><b>Water</b></p>	<p><b>Animal Crackers</b> <b>Orange/Mango</b> <b>Smoothies</b></p> <p><b>Water</b></p>
					<b>Child Care Only</b>

**Foods containing peanuts will not be served. Allergy substitution requires medical documentation.**

One Whole Grain food item is required daily.

Allergy substitutions are documented in the kitchen and in the classroom.

**This institution is an equal opportunity provider and employer.**

**We do not discriminate on the basis of gender identity and sexual orientation.**

# Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 2 May 6th – May 10th 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Breakfast:</b> <b>3 - 5</b> Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 1/4 cup</p> <p><b>Infants</b> Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p><b>WGR Life Cereal</b> <b>Turkey Sausage</b> <b>Banana</b></p> <p style="text-align: center;"><b>Milk</b></p>	<p><b>French Toast</b> <b>Canadian Bacon</b> <b>Blueberries</b></p> <p style="text-align: center;"><b>Milk</b></p>	<p><b>WGR Bagels</b> <b>Cream Cheese</b> <b>Hard Boiled Eggs</b> <b>Cantaloupe</b></p> <p style="text-align: center;"><b>Milk</b></p>	<p><b>Scrambled Eggs</b> <b>w/Sausage Crumbles</b> <b>WGR Toast</b> <b>Orange Slices</b></p> <p style="text-align: center;"><b>Milk</b></p>	<b>CLOSED</b>
<p><b>Lunch:</b> <b>3 - 5</b> Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each ) 1% or nonfat Milk, 3/4 cup</p> <p><b>Infants</b> Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p><b>Chicken Yakisoba</b> <b>WGR Noodles</b> <b>Broccoli &amp;</b> <b>Shredded Carrots</b> <b>Snap Peas</b> <b>Mandarin Oranges</b></p> <p style="text-align: center;"><b>Milk</b></p>	<p><b>Beef Spaghetti</b> <b>WGR Noodles</b> <b>Corn</b> <b>Watermelon</b></p> <p style="text-align: center;"><b>Milk</b></p>	<p><b>Sun Butter &amp; Jelly</b> <b>WGR Sandwich</b> <b>Carrot Sticks</b> <b>Honey Dew</b></p> <p style="text-align: center;"><b>Milk</b></p>	<p><b>Sausage Pizza</b> <b>WGR Pizza Crust</b> <b>Mozzarella</b> <b>Cauliflower</b> <b>Raspberries</b></p> <p style="text-align: center;"><b>Milk</b></p>	<b>CLOSED</b>
<p><b>Snack:</b> <b>3 – 5 and Infants</b> Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p><b>Baked Mozzarella</b> <b>Sticks</b> <b>Marinara Sauce</b> <b>Celery Sticks</b></p> <p style="text-align: center;"><b>Water</b></p>	<p><b>Cheese It's</b> <b>Cauliflower</b></p> <p style="text-align: center;"><b>Water</b></p>	<p><b>Graham Crackers</b> <b>Applesauce</b></p> <p style="text-align: center;"><b>Water</b></p>	<p><b>Naan Bread for B-3</b> <b>Tortilla Chips for 3-5</b> <b>Bean Dip</b></p> <p style="text-align: center;"><b>Water</b></p>	<b>CLOSED</b>
				<b>Mother's Day Event</b>	<b>ALL STAFF TRAINING</b>

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# Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 3 May 13<sup>th</sup> – May 17<sup>th</sup> 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Breakfast:</b> <b>3 - 5</b> Grain: 1/2 serving Fruit or vegetable: ½ cup 1% or nonfat Milk: ¼ cup</p> <p><b>Infants</b> Grains: ½ serving Fruit or vegetable: ¼ cup Milk: ½ cup</p>	<p><b>WGR Kix Cereal</b> <b>Turkey Sausage</b> <b>Banana</b></p> <p><b>Milk</b></p>	<p><b>Scrambled Eggs</b> <b>w/Cheese</b> <b>WGR Toast</b> <b>Peaches</b></p> <p><b>Milk</b></p>	<p><b>WGR Waffles</b> <b>Canadian Bacon</b> <b>Strawberries</b></p> <p><b>Milk</b></p>	<p><b>Biscuits and Pork</b> <b>Sausage Gravy</b> <b>Turkey Sausage</b> <b>Pineapple</b></p> <p><b>Milk</b></p>	<p><b>Pancakes</b> <b>Cheese Sticks</b> <b>Mixed Fruit</b></p> <p><b>Milk</b></p>
<p><b>Lunch:</b> <b>3 - 5</b> Meat/meat alternate: 1.5 oz. Grain: ½ serving Vegetable and/or fruit (2 or more 1/4 cup each ) 1% or nonfat Milk, 3/4 cup</p> <p><b>Infants</b> Meat/meat alternate: 1 oz Grain: ½ serving Vegetable and/or fruit (2 or more, ¼ cup each) Milk: ½ cup</p>	<p><b>Ham &amp; Cheese Sliders</b> <b>WGR Bun</b> <b>Cucumber Slices</b> <b>Apple Slices</b></p> <p><b>Milk</b></p>	<p><b>Fish Sticks</b> <b>Tater Tots</b> <b>WGR Roll</b> <b>Watermelon</b></p> <p><b>Milk</b></p>	<p><b>Baked Beef Ravioli</b> <b>Marinara Sauce</b> <b>Mozzarella</b> <b>WGR Garlic Bread</b> <b>Green Beans</b> <b>Pears</b></p> <p><b>Milk</b></p>	<p><b>Chicken Nuggets</b> <b>Roasted Cauliflower</b> <b>WGR Breadsticks</b> <b>Orange Slices</b></p> <p><b>Milk</b></p>	<p><b>Chicken &amp; Cheese</b> <b>Quesadilla</b> <b>WGR Tortilla</b> <b>Peas &amp; Carrots</b> <b>Mango</b></p> <p><b>Milk</b></p>
<p><b>Snack:</b> <b>3 – 5 and Infants</b> Serve 2 components Vegetable or fruit: ½ cup Grain: ½ serving Meat/meat alternate: ½ oz</p>	<p><b>Graham Crackers</b> <b>Strawberry Banana</b> <b>Smoothie</b></p> <p><b>Water</b></p>	<p><b>Soft Pretzel</b> <b>Cheese Sauce</b> <b>Broccoli</b></p> <p><b>Water</b></p>	<p><b>WGR Cereal Mix</b> <b>Carrot Sticks</b></p> <p><b>Water</b></p>	<p><b>Sun Butter</b> <b>Celery Sticks</b></p> <p><b>Water</b></p>	<p><b>WGR Cracker</b> <b>Sliced Cheese</b> <b>Blueberries</b></p> <p><b>Water</b></p>
			<b>Parent Committee</b>	<b>Policy Council</b>	<b>Child Care Only</b>

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# Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 4 May 20th May 24<sup>th</sup> 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Breakfast:</b> <b>3 - 5</b> Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 3/4 cup</p> <p><b>Infants</b> Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p><b>WGR Cheerios</b> <b>Turkey Sausage</b> <b>Banana</b></p> <p><b>Milk</b></p>	<p><b>French Toast</b> <b>Canadian Bacon</b> <b>Applesauce</b></p> <p><b>Milk</b></p>	<p><b>WGR Kix Cereal</b> <b>Cheese Sticks</b> <b>Peaches</b></p> <p><b>Milk</b></p>	<p><b>Scrambled Eggs</b> <b>W/Sausage Crumbles</b> <b>WGR Toast</b> <b>Canned Pears</b></p> <p><b>Milk</b></p>	<p><b>WGR Bagel w/ Cream Cheese</b> <b>Hard Boiled Eggs</b> <b>Strawberries</b></p> <p><b>Milk</b></p>
<p><b>Lunch:</b> <b>3 - 5</b> Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each ) 1% or nonfat Milk, 3/4 cup</p> <p><b>Infants</b> Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p><b>Chicken Strips</b> <b>Sweet Potato Tots</b> <b>WGR Roll</b> <b>Watermelon</b></p> <p><b>Milk</b></p>	<p><b>Beef Goulash</b> <b>WGR Noodles</b> <b>Parmesan Cheese</b> <b>Marinara</b> <b>Green Beans</b> <b>Cantaloupe</b></p> <p><b>Milk</b></p>	<p><b>Ham and Cheese</b> <b>Sandwich</b> <b>WGR Bread</b> <b>Cucumber Slices</b> <b>Honey Dew</b></p> <p><b>Milk</b></p>	<p><b>Beef Tacos</b> <b>WGR Tortilla</b> <b>Corn</b> <b>Apple Slices</b></p> <p><b>Milk</b></p>	<p><b>Chicken Sliders</b> <b>WGR Bun</b> <b>Snap Peas</b> <b>Sliced Oranges</b></p> <p><b>Milk</b></p>
<p><b>Snack:</b> <b>3 - 5 and Infants</b> Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p><b>Cheese Sauce</b> <b>Naan Bread</b> <b>Broccoli</b></p> <p><b>Water</b></p>	<p><b>Cheese Crackers</b> <b>Snap Peas</b></p> <p><b>Water</b></p>	<p><b>WGR Goldfish Cracker</b> <b>Celery Sticks</b> <b>&amp; Ranch Dip</b></p> <p><b>Water</b></p>	<p><b>Animal Crackers</b> <b>Watermelon</b></p> <p><b>Water</b></p>	<p><b>Corn Bread Muffins</b> <b>Carrot Sticks</b></p> <p><b>Water</b></p>
					<b>Child Care Only</b>

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# Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 5 May 27<sup>th</sup> –May 31<sup>st</sup> 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Breakfast:</b> <b>3 - 5</b> Grain: 1/2 serving Fruit or vegetable: ½ cup 1% or nonfat Milk: ¾ cup</p> <p><b>Infants</b> Grains: ½ serving Fruit or vegetable: ¼ cup Milk: ½ cup</p>	<b>HOLIDAY</b>	<p><b>WGR Life Cereal</b> <b>Turkey Sausage</b> <b>Banana</b></p>	<p><b>WGR Bagel</b> <b>Cream Cheese</b> <b>Canadian Bacon</b> <b>Peaches</b></p>	<p><b>Sausage and Cheese</b> <b>Biscuit</b> <b>Hash Brown Patty</b> <b>Mango</b></p>	<p><b>Pancakes</b> <b>Cheese Sticks</b> <b>Blueberries</b></p>
		Milk	Milk	Milk	Milk
<p><b>Lunch:</b> <b>3 - 5</b> Meat/meat alternate: 1.5 oz. Grain: ½ serving Vegetable and/or fruit (2 or more 1/4 cup each ) 1% or nonfat Milk, 3/4 cup</p> <p><b>Infants</b> Meat/meat alternate: 1 oz Grain: ½ serving Vegetable and/or fruit (2 or more, ¼ cup each) Milk: ½ cup</p>	<b>HOLIDAY</b>	<p><b>Beef Tater Tot</b> <b>Casserole</b> <b>WGR Roll</b> <b>Watermelon</b></p>	<p><b>Sun Butter and Jelly</b> <b>Sandwich</b> <b>WGR Bread</b> <b>Celery Sticks</b> <b>Blackberries</b></p>	<p><b>Teriyaki Chicken</b> <b>WGR Brown Rice</b> <b>Snap Peas</b> <b>Mandarin Oranges</b></p>	<p><b>Tuna Fish Sandwich</b> <b>WGR Bread</b> <b>Pickles</b> <b>Apple Slices</b></p>
		Milk	Milk	Milk	Milk
<p><b>Snack:</b> <b>3 – 5 and Infants</b> Serve 2 components Vegetable or fruit; ½ cup Grain: ½ serving Meat/meat alternate: ½ oz</p>	<b>HOLIDAY</b>	<p><b>Cheese Sticks</b> <b>Raspberries</b></p>	<p><b>Soft Pretzels</b> <b>Carrot Sticks</b> <b>&amp; Ranch Dressing</b></p>	<p><b>WGR Wheat Thins</b> <b>Cauliflower</b></p>	<p><b>WGR Gold Fish</b> <b>Orange/Mango Smoothies</b></p>
		Water	Water	Water	Water
	<b>MEMORIAL DAY</b>				<b>Child Care Only</b>

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