

Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 1 October 28th – November 1st 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 1/4 cup</p> <p>Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p>WGR Kix Cereal Turkey Sausage Banana</p> <p>Milk</p>	<p>WGR English Muffin Hard Boiled Egg Mandarin Oranges</p> <p>Milk</p>	<p>French Toast Sticks Beef Patties Peaches</p> <p>Milk</p>	<p>Scrambled Eggs Canadian Bacon WGR Toast Blueberries</p> <p>Milk</p>	<p>Pancakes Cheese Sticks Mixed Fruit</p> <p>Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p>Chicken Stuffing Casserole Green Beans Blueberries</p> <p>Milk</p>	<p>Beef Taco Shredded Lettuce Shredded Cheese Sour Cream Salsa WGR Tortillas Mango</p> <p>Milk</p>	<p>Ham & Cheese Sliders WGR Bread Sweet Potato Tots Apple Slices</p> <p>Milk</p>	<p>Hamburger Soup Potatoes , Green Beans, Carrots & Corn WGR Roll Strawberries</p> <p>Milk</p>	<p>Beef Sloppy Joes WGR Bun Tatar Tots Orange Slices</p> <p>Milk</p>
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p>Naan Bread Cheese Sauce Celery Sticks</p> <p>Water</p>	<p>Berry Animal Crackers Cantaloupe</p> <p>Water</p>	<p>Wheat Thin Crackers Carrot Sticks</p> <p>Water</p>	<p>Graham Crackers Honey Dew</p> <p>Water</p>	<p>Banana Bread Applesauce</p> <p>Water</p>
				HAPPY HALLOWEEN	Child Care Only

Foods containing peanuts will not be served. Allergy substitution requires medical documentation.

One Whole Grain food item is required daily.

Allergy substitutions are documented in the kitchen and in the classroom.

This institution is an equal opportunity provider and employer.

We do not discriminate on the basis of gender identity and sexual orientation.

Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 2 November 4th -November 8th 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: ½ cup 1% or nonfat Milk,: ¼ cup</p> <p>Infants Grains: ½ serving Fruit or vegetable: ¼ cup Milk: ½ cup</p>	<p>WGR Life Cereal Turkey Sausage Bananas</p>	<p>Yogurt WGR Granola Blueberries</p>	<p>WGR Waffles Canadian Bacon Applesauce</p>	<p>WGR Rice Chex Cereal String Cheese Orange Slices</p>	<p>French Toast Sticks Turkey Sausage Blackberries</p>
	Milk	Milk	Milk	Milk	Milk
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: ½ serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: ½ serving Vegetable and/or fruit (2 or more, ¼ cup each) Milk: ½ cup</p>	<p>Chicken Pot Pie Green Beans Apple Slices</p>	<p>Beef Goulash WGR Macaroni Pasta Corn Garlic Bread Raspberries</p>	<p>Chicken Sliders WGR Bun Provolone Cheese Green Salad Peaches</p>	<p>Beef Tater Tot Casserole Cauliflower Strawberries</p>	<p>Fish Sticks French Fries WGR Bread Sticks Tropical Fruit</p>
	Milk	Milk	Milk	Milk	Milk
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; ½ cup Grain: ½ serving Meat/meat alternate: ½ oz</p>	<p>Sun Butter Celery Sticks</p>	<p>Apple Muffin Pears</p>	<p>Graham Crackers Honey Dew</p>	<p>WGR Goldfish Carrot Sticks</p>	<p>WGR Animal Crackers Peach/Mango Smoothies</p>
	Water	Water	Water	Water	Water
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Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 3 November 11th – November 15th 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: ½ cup 1% or nonfat Milk: ¼ cup</p> <p>Infants Grains: ½ serving Fruit or vegetable: ¼ cup Milk: ½ cup</p>	CLOSED	<p>WGR Cheerios Turkey Sausage Banana</p> <p style="margin-top: 20px;">Milk</p>	<p>Scrambled Eggs W/ Salsa Cheese WGR Tortilla Cantaloupe</p> <p style="margin-top: 20px;">Milk</p>	<p>Croissants Hard Boiled Eggs Raspberries</p> <p style="margin-top: 20px;">Milk</p>	<p>WGR Dutch Waffles Turkey Sausage Applesauce</p> <p style="margin-top: 20px;">Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: ½ serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: ½ serving Vegetable and/or fruit (2 or more, ¼ cup each) Milk: ½ cup</p>	CLOSED	<p>Chicken Wrap WGR Tortilla w/Chicken Strip, Shredded Cheese & Lettuce Steamed Broccoli Mandarin Oranges</p> <p style="margin-top: 20px;">Milk</p>	<p>Swedish Beef Meatballs Brown Rice Green Salad Peaches</p> <p style="margin-top: 20px;">Milk</p>	<p>Ham Sandwich WGR Bread Colby Jack Cheese Celery Sticks Apple Slices</p> <p style="margin-top: 20px;">Milk</p>	<p>Beef Spaghetti WGR Spaghetti pasta Marinara Garlic bread Corn Honey Dew</p> <p style="margin-top: 20px;">Milk</p>
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit: ½ cup Grain: ½ serving Meat/meat alternate: ½ oz</p>	<p>CLOSED</p> <p style="margin-top: 20px;">Veteran’s Day</p>	<p>WGR Graham Crackers Applesauce</p> <p style="margin-top: 20px;">Water</p>	<p>Soft Pretzels Cucumber Slices</p> <p style="margin-top: 20px;">Water</p>	<p>Yogurt Strawberries</p> <p style="margin-top: 20px;">Water</p>	<p>Cheese It’s Bananas</p> <p style="margin-top: 20px;">Water</p>
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Tulalip Betty J Taylor Early Learning Academy Menu Cycle Week 4 November 18th November 22nd 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 3/4 cup</p> <p>Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p>WGR Mini Wheats Turkey Sausage Bananas</p> <p align="center">Milk</p>	<p>WGR Dutch Waffles Canadian Bacon Orange Slices</p> <p align="center">Milk</p>	<p>WGR French Toast Sticks Turkey Sausage Peaches</p> <p align="center">Milk</p>	<p>Yogurt WGR Granola Raspberries</p> <p align="center">Milk</p>	<p>Scrambled Eggs Canadian Bacon English Muffin Applesauce</p> <p align="center">Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p>Chicken Nuggets Tater Tots WGR Roll Apple Slices</p> <p align="center">Milk</p>	<p>Ham & Cheese Sliders WGR Slider Buns Colby Jack Cheese Carrot Sticks Tropical Fruit</p> <p align="center">Milk</p>	<p>Beef Enchilada Casserole WGR Tortilla Corn Mango</p> <p align="center">Milk</p>	<p>Chicken Alfredo WGR Pasta Peas/Carrots Strawberries</p> <p align="center">Milk</p>	<p>Beef Tater Tot Casserole Green Beans WGR Roll Blueberries</p> <p align="center">Milk</p>
			Parent Committee	Policy Council	
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p>Naan bread Cheese Sauce Cauliflower</p> <p align="center">Water</p>	<p>WGR Cheez It's Broccoli</p> <p align="center">Water</p>	<p>Berry Animal Crackers Pears</p> <p align="center">Water</p>	<p>Cereal Mix Carrot Sticks</p> <p align="center">Water</p>	<p>Banana Wraps WGR Tortilla</p> <p align="center">Water</p>
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Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 5 November 25th- November 29th 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 1/4 cup</p> <p>Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p>WGR Rice Chex Cereal Turkey Sausage Banana</p> <p style="text-align: center;">Milk</p>	<p>WGR French Toast Sticks Canadian Bacon Peaches</p> <p style="text-align: center;">Milk</p>	<p>WGR Kix Cereal Turkey Sausage Orange Slices</p> <p style="text-align: center;">Milk</p>	<p>CLOSED</p>	<p>CLOSED</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p>Chicken Yakasoba Carrots/Celery Peas Raspberries</p> <p style="text-align: center;">Milk</p>	<p>Tuna Sliders WGR Buns Pickles Sweet Potato Tots Apple Slices</p> <p style="text-align: center;">Milk</p>	<p>Family Feast 11:30-1:00</p> <p style="text-align: center;">Conferences</p>	<p>Gratitude Day</p>	<p>TULALIP DAY</p>
<p>Snack: 3 - 5 and Infants Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p>Naan Bread Cheese Sauce Celery Sticks</p> <p style="text-align: center;">Water</p>	<p>Banana Wraps W/Sun Butter WGR Tortillas</p> <p style="text-align: center;">Water</p>	<p>Early Release 12:00 NO PM Child Care</p>	<p>CLOSED</p>	<p>CLOSED</p>
	<p>Early Release 12:00 PM Child Care</p>	<p>Early Release 12:00 PM Child Care</p>	<p>Early Release 12:00 NO PM Child Care</p>		

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