

Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 1 October 30th – November 3rd 2023

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 1/4 cup</p> <p>Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p>WGR Kix Cereal Turkey Sausage Banana</p> <p>Milk</p>	<p>WGR English Muffin Hard Boiled Egg Mandarin Oranges</p> <p>Milk</p>	<p>French Toast Sticks Beef Patties Peaches</p> <p>Milk</p>	<p>Scrambled Eggs Canadian Bacon WGR Toast Blueberries</p> <p>Milk</p>	<p>Pancakes Cheese Sticks Mixed Fruit</p> <p>Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p>Chicken Stuffing Casserole Green Beans Blueberries</p> <p>Milk</p>	<p>Beef Taco Salad Shredded Lettuce Shredded Cheese Sour Cream Salsa WGR Tortillas Mango</p> <p>Milk</p>	<p>Ham & Cheese Sliders WGR Bread Sweet Potato Tots Apple Slices</p> <p>Milk</p>	<p>Hamburger Soup w/Potatoes ,Green Beans, Carrots & Corn WGR Roll Strawberries</p> <p>Milk</p>	<p>Beef Sloppy Joes WGR Bun Tatar Tots Orange Slices</p> <p>Milk</p>
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p>Naan Bread Cheese Sauce Celery Sticks</p> <p>Water</p>	<p>Banana Wraps W/Sun Butter WGR Tortillas</p> <p>Water</p>	<p>Oyster Crackers Carrot Sticks</p> <p>Water</p>	<p>Graham Crackers Honey Dew</p> <p>Water</p>	<p>Banana Bread Applesauce</p> <p>Water</p>
					Child Care Only

Foods containing peanuts will not be served. Allergy substitution requires medical documentation.

One Whole Grain food item is required daily.

Allergy substitutions are documented in the kitchen and in the classroom.

This institution is an equal opportunity provider and employer.

We do not discriminate on the basis of gender identity and sexual orientation.

Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 2 November 6th –November 10th 2023

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: ½ cup 1% or nonfat Milk: ¾ cup</p> <p>Infants Grains: ½ serving Fruit or vegetable: ¼ cup Milk: ½ cup</p>	<p>WGR Life Cereal Turkey Sausage Bananas</p> <p style="text-align: center;">Milk</p>	<p>Yogurt Blueberries WGR Granola</p> <p style="text-align: center;">Milk</p>	<p>WGR Waffles Canadian Bacon Applesauce</p> <p style="text-align: center;">Milk</p>	<p>Chex Cereal String Cheese Orange Slices</p> <p style="text-align: center;">Milk</p>	<p>CLOSED</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: ½ serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: ½ serving Vegetable and/or fruit (2 or more, ¼ cup each) Milk: ½ cup</p>	<p>Chicken Pot Pie Green Beans Apple Slices</p> <p style="text-align: center;">Milk</p>	<p>Fish Sticks French Fries Bread Sticks Cuties Orange</p> <p style="text-align: center;">Milk</p>	<p>Chicken Sliders WGR Bun Provolone Cheese Green Salad Peaches</p> <p style="text-align: center;">Milk</p>	<p>Beef Goulash WGR Macaroni Noodles Corn Garlic Bread Raspberries</p> <p style="text-align: center;">Milk</p>	<p>CLOSED</p>
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; ½ cup Grain: ½ serving Meat/meat alternate: ½ oz</p>	<p>WGR Animal Crackers Peach/Mango Smoothie</p> <p style="text-align: center;">Water</p>	<p>Apple Muffin Broccoli</p> <p style="text-align: center;">Water</p>	<p>Graham Crackers Honey Dew</p> <p style="text-align: center;">Water</p>	<p>WGR Goldfish Carrot Sticks</p> <p style="text-align: center;">Water</p>	<p>CLOSED</p>
					<p>Veteran's Day</p>

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Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 3 November 13th – November 17th 2023

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 3/4 cup</p> <p>Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p>WGR Cheerios Turkey Sausage Banana</p> <p>Milk</p>	<p>Breakfast Sandwiches English Muffin Canadian Bacon Cheddar Cheese Blueberries</p> <p>Milk</p>	<p>Scrambled Eggs W/ Salsa Cheese WGR Tortilla Cantaloupe</p> <p>Milk</p>	<p>WGR Toast Hard Boiled Eggs Raspberries</p> <p>Milk</p>	<p>Apple Cinnamon Scones Turkey Sausage Applesauce</p> <p>Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p>Mac & Cheese Garlic Bread Peas & Carrots Blackberries</p> <p>Milk</p>	<p>Chicken Wrap WGR Tortilla w/Chicken Strip, Shredded Cheese & Lettuce Steamed Broccoli Mandarin Oranges</p> <p>Milk</p>	<p>Swedish Beef Meatballs Brown Rice Green Salad Peaches</p> <p>Milk</p>	<p>Ham Sandwich WGR Bread Colby Jack Cheese Celery Sticks Apple Slices</p> <p>Milk</p>	<p>Beef Spaghetti WGR Spaghetti pasta Marinara Garlic bread Corn Honey Dew</p> <p>Milk</p>
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit: 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p>Cauliflower WGR Crackers</p> <p>Water</p>	<p>WGR Graham Crackers Applesauce</p> <p>Water</p>	<p>Soft Pretzels Cucumber Slices</p> <p>Water</p>	<p>Yogurt Strawberries</p> <p>Water</p>	<p>Cheese It's Bananas</p> <p>Water</p>
			Parent Committee	Policy Council	Child Care Only

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Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 4 November 20th November 24th 2023

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 3/4 cup</p> <p>Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p>WGR Mini Wheats Turkey Sausage Bananas</p> <p style="text-align: center;">Milk</p>	<p>WGR Dutch Waffles Canadian Bacon Orange Slices</p> <p style="text-align: center;">Milk</p>	<p>WGR French Toast Sticks Turkey Sausage Peaches</p> <p style="text-align: center;">Milk</p>	<p style="text-align: center;">CLOSED</p>	<p style="text-align: center;">CLOSED</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p>Chicken Nuggets Tater Tots WGR Roll Apple Slices</p> <p style="text-align: center;">Milk</p>	<p>Ham & Cheese Sliders WGR Slider Buns Colby Jack Cheese Carrot Sticks Tropical Fruit</p> <p style="text-align: center;">Milk</p>	<p>FAMILY FEAST Indian Tacos Fry bread, Beef Chili, Lettuce, Tomatoes, Cheddar Cheese, Sour Cream, Salsa Applesauce</p> <p style="text-align: center;">Milk</p>	<p style="text-align: center;">CLOSED</p>	<p style="text-align: center;">CLOSED</p>
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p>Naan bread Cheese Sauce Cauliflower</p> <p style="text-align: center;">Water</p>	<p>WGR Cheez It's Broccoli</p> <p style="text-align: center;">Water</p>	<p>Early Release B-3 at 11:30 Preschool before noon</p> <p>Family Feast in Gym 11:30 – 1:00</p>	<p style="text-align: center;">CLOSED</p>	<p style="text-align: center;">CLOSED</p>
	<p>Conferences Early Release/PMCC</p>	<p>Conferences Early Release/PM CC</p>	<p>Early Release NO PM CC</p>	<p style="text-align: center;">Gratitude Day</p>	<p style="text-align: center;">Tulalip Day</p>

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Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 5 November 27th- December 1st 2023

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: ½ cup 1% or nonfat Milk: ¼ cup</p> <p>Infants Grains: ½ serving Fruit or vegetable: ¼ cup Milk: ½ cup</p>	<p>WGR Rice Chex Cereal Turkey Sausage Banana</p> <p style="text-align: center;">Milk</p>	<p>WGR French Toast Sticks Canadian Bacon Peaches</p> <p style="text-align: center;">Milk</p>	<p>English Muffin Turkey Sausage Cheddar Cheese Mandarin Oranges</p> <p style="text-align: center;">Milk</p>	<p>Scrambled Eggs Canadian Bacon WGR Toast Applesauce</p> <p style="text-align: center;">Milk</p>	<p>WGR Kix Cereal Cheese Sticks Mixed Fruit</p> <p style="text-align: center;">Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: ½ serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: ½ serving Vegetable and/or fruit (2 or more, ¼ cup each) Milk: ½ cup</p>	<p>Chicken Casserole WGR Stuffing Green Beans Blueberries</p> <p style="text-align: center;">Milk</p>	<p>Tuna Sliders WGR Buns Pickles Sweet Potato Tots Apple Slices</p> <p style="text-align: center;">Milk</p>	<p>Beef Enchilada Casserole WGR Tortillas Corn Mango</p> <p style="text-align: center;">Milk</p>	<p>Hamburger Soup w/Potatoes, Green Beans, Carrots & Corn WGR Roll Strawberries</p> <p style="text-align: center;">Milk</p>	<p>Beef Sloppy Joes WGR Bun Tatar Tots Orange Slices</p> <p style="text-align: center;">Milk</p>
<p>Snack: 3 - 5 and Infants Serve 2 components Vegetable or fruit; ½ cup Grain: ½ serving Meat/meat alternate: ½ oz</p>	<p>Naan Bread Cheese Sauce Celery Sticks</p> <p style="text-align: center;">Water</p>	<p>Banana Wraps W/Sun Butter WGR Tortillas</p> <p style="text-align: center;">Water</p>	<p>Graham Crackers Pears</p> <p style="text-align: center;">Water</p>	<p>Ritz Crackers Carrot Sticks</p> <p style="text-align: center;">Water</p>	<p>Banana Bread Banana</p> <p style="text-align: center;">Water</p>
					<p>Child Care Only</p>

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