

OCTOBER MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST			French Toast Sticks, Turkey Sausage, Applesauce, Milk 1	Scrambled Eggs, English Muffins*, Pears, Milk 2	Yogurt, Granola, Strawberries, Milk 3
LUNCH			Ham and Cheese Sandwich*, Cauliflower, Blueberries, Milk	Chicken Alfredo*, Green Beans, Raspberries, Milk	Beef Sloppy Joes*, Sweet Potato Fries, Corn, Honeydew, Milk
PM SNACK			Animal Crackers, Cantaloupe, Water	Wheat Thins, Carrot Sticks, Water	Celery Sticks W/ Sun Butter, Graham Crackers, Water
BREAKFAST	Kix Cereal*, Canadian Bacon, Banana, Milk 6	Hardboiled Eggs, Croissants, Blackberries, Milk 7	Pancakes, Turkey Sausage, Applesauce, Milk 8	Scrambled Cheesy Eggs, Toast*, Honeydew, Milk 9	French Toast Sticks, String Cheese, Mandarin Oranges, Milk 10
LUNCH	Fish Sticks, French Fries, Peas, Tropical Fruit, Milk	Beef Spaghetti*, Garlic Bread, Green Salad, Peaches, Milk	Turkey and Cheese Sandwich*, Carrot Sticks, Strawberries, Milk	Sweet and Sour Meatballs, Rice, Peas, Mango, Milk	Teriyaki Chicken, Noodles*, Steamed Broccoli, Cantaloupe, Milk
PM SNACK	Soft Pretzel, Cauliflower, Cheese Sauce, Water	Cheez It, Apple Slices, Water	Apple Cinnamon Muffins, Jicima Sticks, Water	Cucumber Slices, Cereal Mix, Water	Strawberry Mango Smoothies, Graham Crackers, Water
BREAKFAST	CLOSED 13	Oatmeal*, Blueberries, String Cheese, Milk 14	Sausage Biscuits & Gravy, Turkey Sausage, Orange Slices, Milk 15	Hardboiled Eggs, Raisin Toast, Peaches, Milk 16	Sausage & Egg Scramble, Tortilla*, Blackberries, Milk 17
LUNCH	CLOSED	Chicken Strips, Cheesy Potatoes, Roll*, Strawberries, Milk	Cheeseburger Sliders*, Sweet Potato Tots, Pears, Milk	Chicken Noodle Soup, Roll*, Caesar Salad, Banana, Milk	Sausage Pizza*, Zucchini, Mango, Milk
PM SNACK	CLOSED	Crackers* Cheese Slices, Apple Slices, Water	Cottage Cheese, Peaches, Water	Celery Sticks, Cereal Mix, Water	Banana Bread, Applesauce, Water
BREAKFAST	Life Cereal, String Cheese, Banana, Milk 20	Blueberry Scones, Hardboiled Eggs, Peaches, Milk 21	Waffles, Canadian Bacon, Orange Slices, Milk 22	Scrambled Eggs, Toast*, Strawberries, Milk 23	Yogurt, Granola, Blackberries, Milk 24
LUNCH	Chicken Nuggets, French Fries, Carrot Sticks, Apple Slices, Milk	Tuna Sandwich W/ Pickles, Celery Sticks, Raspberries, Milk	Turkey Meatloaf, Breadstick*, Green Salad, Applesauce, Milk	Beef Stroganoff*, Green Beans, Blueberries, Milk	Chicken Fajitas*, Pears, Milk
PM SNACK	Spinach Dip, Naan, Cauliflower, Water	Zucchini Bread, Banana, Water	Animal Crackers, Jicima Sticks, Water	Wheat Thins, Bananas, Water	Soft Pretzel, Broccoli, Cheese Sauce, Water
BREAKFAST	Scrambled Eggs, English Muffin*, Honeydew, Milk 27	French Toast, Canadian Bacon, Cantaloupe, Milk 28	Pancakes, Turkey Sausage, Peaches, Milk 29	Biscuits and Sausage Gravy, Hardboiled Eggs, Raspberries, Milk 30	CLOSED 31
LUNCH	BBQ Chicken, Mac* and Cheese, Peas, Pears, Milk	Beef Stew, Roll*, Strawberries, Milk	Chicken Sliders*, Cucumbers, Apple Slices, Milk	Beef Tacos*, Cauliflower, Pineapple, Milk	CLOSED
PM SNACK	Goldfish*, Broccoli, Water	Banana Blueberry Smoothie, Graham Crackers, Water	Cereal Mix, Celery & Sunbutter, Water	Applesauce, Nilla Wafers, Water	CLOSED

BETTY J. TAYLOR EARLY LEARNING ACADEMY