

Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 1 September 2nd - September 6th 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 1/4 cup</p> <p>Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	CLOSED	SLOW START DAY CLOSED	<p>WGR Life Cereal Turkey Sausage Banana</p> <p>Milk</p>	<p>Scrambled Eggs WGR Bagels Tropical Fruit</p> <p>Milk</p>	<p>WGR Pancakes Canadian Bacon Mixed Fruit</p> <p>Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	CLOSED	CLOSED	<p>Ham & Cheese Sliders WGR Bun Tater Tots Orange Slices</p> <p>Milk</p>	<p>Turkey Pinwheels WGR Tortilla Provolone Cheese Pickles Cantaloupe</p> <p>Milk</p>	<p>Chicken Nuggets WGR Mac & Cheese Peas Apple Slices</p> <p>Milk</p>
<p>Snack: 3 - 5 and Infants Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	CLOSED	CLOSED	<p>Cheese Crackers Cauliflower</p> <p>Water</p>	<p>WGR Cereal Mix Strawberry/Banana Smoothies</p> <p>Water</p>	<p>WGR Goldfish Watermelon</p> <p>Water</p>
	Labor Day	Slow Start	First Day of School		Child Care Only

Foods containing peanuts will not be served. Allergy substitution requires medical documentation.

One Whole Grain food item is required daily.

Allergy substitutions are documented in the kitchen and in the classroom.

This institution is an equal opportunity provider and employer.

We do not discriminate on the basis of gender identity and sexual orientation.

Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 2 September 9th - September 13th 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: ½ cup 1% or nonfat Milk: ¼ cup</p> <p>Infants Grains: ½ serving Fruit or vegetable: ¼ cup Milk: ½ cup</p>	<p>WGR Kix Cereal Canadian Bacon Banana</p> <p>Milk</p>	<p>WGR Biscuits Pork Gravy Turkey Sausage Orange Slices</p> <p>Milk</p>	<p>Scrambled Eggs Cheese Mini Croissants Peaches</p> <p>Milk</p>	<p>WGR Bagel Cream Cheese Hard Boiled Egg Blackberries</p> <p>Milk</p>	<p>WGR Dutch Waffles Turkey Sausage Strawberries</p> <p>Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: ½ serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: ½ serving Vegetable and/or fruit (2 or more, ¼ cup each) Milk: ½ cup</p>	<p>Chicken Yakisoba WGR Noodles w/ Broccoli/Carrots Carrot Sticks Mandarin Oranges</p> <p>Milk</p>	<p>Beef Tater Tot Casserole Green Beans WGR Roll Blueberries</p> <p>Milk</p>	<p>Turkey & Cheese Sandwich WGR Bread Green Salad Cantaloupe</p> <p>Milk</p>	<p>Beef Goulash WGR Macaroni Noodles Corn Honey Dew</p> <p>Milk</p>	<p>Fish Sticks Tater Tots Bread Sticks Watermelon</p> <p>Milk</p>
<p>Snack: 3 - 5 and Infants Serve 2 components Vegetable or fruit: ½ cup Grain: ½ serving Meat/meat alternate: ½ oz</p>	<p>Naan Bread Cheese Sauce Celery Sticks</p> <p>Water</p>	<p>Graham Crackers Applesauce</p> <p>Water</p>	<p>Cheese Crackers Banana</p> <p>Water</p>	<p>WGR Goldfish Carrot Sticks</p> <p>Water</p>	<p>Cereal Mix Sliced Apples</p> <p>Water</p>
					Child Care Only

Foods containing peanuts will not be served. Allergy substitution requires medical documentation.

One Whole Grain food item is required daily.

Allergy substitutions are documented in the kitchen and in the classroom.

This institution is an equal opportunity provider and employer.

We do not discriminate on the basis of gender identity and sexual orientation.

Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 3 September 16th - September 20th 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: ½ cup 1% or nonfat Milk: ¼ cup</p> <p>Infants Grains: ½ serving Fruit or vegetable: ¼ cup Milk: ½ cup</p>	<p>WGR Life Cereal Turkey Sausage Banana</p> <p>Milk</p>	<p>French Toast Sticks Canadian Bacon Peaches</p> <p>Milk</p>	<p>WGR Mini Wheat Cereal Beef Patty Orange Slices</p> <p>Milk</p>	<p>Yogurt WGR Granola Blueberries</p> <p>Milk</p>	<p>WGR Bagel Cream Cheese Turkey Sausage Mixed Fruit</p> <p>Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: ½ serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: ½ serving Vegetable and/or fruit (2 or more, ¼ cup each) Milk: ½ cup</p>	<p>Cheeseburger Sliders WGR Bun Tatar Tots Honey Dew</p> <p>Milk</p>	<p>Tuna Fish Sandwich WGR Bread Pickles Cantaloupe</p> <p>Milk</p>	<p>BBQ Chicken Baked Beans Cornbread Corn Applesauce</p> <p>Milk</p>	<p>Baked Beef Ravioli Marinara Sauce Mozzarella Cheese Peas and Carrots Pineapple</p> <p>Milk</p>	<p>Pork Fried Rice Snap Peas Mandarin Oranges</p> <p>Milk</p>
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; ½ cup Grain: ½ serving Meat/meat alternate: ½ oz</p>	<p>WGR Graham Crackers Apple Slices</p> <p>Water</p>	<p>WGR Soft Pretzels Cheese Sauce Cauliflower</p> <p>Water</p>	<p>Cheese Sticks Sweet Potato Tots</p> <p>Water</p>	<p>Animal Crackers Peach/Mango Smoothies</p> <p>Water</p>	<p>WGR Goldfish Carrot Sticks</p> <p>Water</p>
			Parent Committee	Policy Council	Child Care Only

Foods containing peanuts will not be served. Allergy substitution requires medical documentation.

One Whole Grain food item is required daily.

Allergy substitutions are documented in the kitchen and in the classroom.

This institution is an equal opportunity provider and employer.

We do not discriminate on the basis of gender identity and sexual orientation.

Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 4 September 23rd –September 27th 2024

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: ½ cup 1% or nonfat Milk: ¾ cup</p> <p>Infants Grains: ½ serving Fruit or vegetable: ¼ cup Milk: ½ cup</p>	<p>WGR Kix Cereal Turkey Sausage Banana</p> <p>Milk</p>	<p>Scrambled Eggs /w Sausage Crumbles WGR Waffles Strawberries</p> <p>Milk</p>	<p>Banana WGR Oatmeal Canadian Bacon Cantaloupe</p> <p>Milk</p>	<p>Pork Sausage Gravy WGR Biscuits Turkey Sausage Peaches</p> <p>Milk</p>	<p>WGR French Toast Hard Boiled Eggs Mixed Fruit</p> <p>Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: ½ serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: ½ serving Vegetable and/or fruit (2 or more, ¼ cup each) Milk: ½ cup</p>	<p>Beef Spaghetti WGR Noodles Marinara Green Salad Blackberries</p> <p>Milk</p>	<p>Chicken Strips Sweet Potato Tots Bread Sticks Orange Slices</p> <p>Milk</p>	<p>Ham and Cheese Sliders WGR Bun Colby Jack Cheese Cauliflower Honey Dew</p> <p>Milk</p>	<p>Beef Taco Salad Shredded Lettuce Shredded Cheese Sour Cream Salsa WGR Tortilla Pineapple</p> <p>Milk</p>	<p>Chicken and Cheese Quesadilla WGR Tortilla Peas Mango</p> <p>Milk</p>
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; ½ cup Grain: ½ serving Meat/meat alternate: ½ oz</p>	<p>Spinach Dip Naan Bread Celery Sticks</p> <p>Water</p>	<p>Cheese Crackers Tropical Fruit</p> <p>Water</p>	<p>Soft Pretzels Apple Slices</p> <p>Water</p>	<p>WGR Goldfish Broccoli</p> <p>Water</p>	<p>Cornbread Carrot Sticks & Ranch Dip</p> <p>Water</p>
					Regular School Day

Foods containing peanuts will not be served. Allergy substitution requires medical documentation.

One Whole Grain food item is required daily.

Allergy substitutions are documented in the kitchen and in the classroom.

This institution is an equal opportunity provider and employer.

We do not discriminate on the basis of gender identity and sexual orientation.