

Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 1 May 1st – May 5th 2023

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 3/4 cup</p> <p>Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p>WGR Rice Krispies Turkey Sausage Bananas</p> <p>Milk</p>	<p>Biscuits and Pork Gravy Turkey Sausage Orange Slices</p> <p>Milk</p>	<p>WGR French Toast Sticks Cheese Sticks Pears</p> <p>Milk</p>	<p>WGR English Muffin Sandwich Turkey Sausage Eggs Cheddar Cheese Applesauce</p> <p>Milk</p>	<p>CLOSED</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p>Chicken Strips French Fries WGR roll Watermelon</p> <p>Milk</p>	<p>Cheeseburger Sliders WGR Bun Baked Beans Honey Dew</p> <p>Milk</p>	<p>Turkey Pinwheel Garlic Herb Tortilla Provolone Cheese Cream Cheese Cucumbers Cantaloupe</p> <p>Milk</p>	<p>Swedish Meatballs Egg Noodles WGR Roll Corn Strawberries</p> <p>Milk</p>	<p>CLOSED</p>
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p>Sun Butter Celery Sticks</p> <p>Water</p>	<p>Banana Bread Applesauce</p> <p>Water</p>	<p>WGR Cereal Mix Carrot Sticks</p> <p>Water</p>	<p>Cheese Crackers Watermelon</p> <p>Water</p>	<p>CLOSED</p>
	TEACHER	APPRECIATION	WEEK		STAFF TRAINING

Foods containing peanuts will not be served. Allergy substitution requires medical documentation.

One Whole Grain food item is required daily.

Allergy substitutions are documented in the kitchen and in the classroom.

This institution is an equal opportunity provider and employer.

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Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 2 May 8th – May 12th 2023

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 1/4 cup</p> <p>Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p>WGR Life Cereal Turkey Sausage Banana</p> <p style="text-align: center;">Milk</p>	<p>French Toast Canadian Bacon Blueberries</p> <p style="text-align: center;">Milk</p>	<p>WGR Bagels Cream Cheese Hard Boiled Eggs Cantaloupe</p> <p style="text-align: center;">Milk</p>	<p>Scrambled Eggs w/Sausage Crumbles WGR Toast Orange Slices</p> <p style="text-align: center;">Milk</p>	<p>WGR Dutch waffles Cheese Sticks Mixed Fruit</p> <p style="text-align: center;">Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p>Chicken Yakisoba WGR Noodles Broccoli & Shredded Carrots Snap Peas Mandarin Oranges</p> <p style="text-align: center;">Milk</p>	<p>Beef Spaghetti WGR Noodles Sourdough Bread Corn Watermelon</p> <p style="text-align: center;">Milk</p>	<p>Sun Butter & Jelly WGR Sandwich Carrot Sticks Honey Dew</p> <p style="text-align: center;">Milk</p>	<p>Sausage Pizza WGR Pizza Crust Mozzarella Cauliflower Raspberries</p> <p style="text-align: center;">Milk</p>	<p>WGR Mac & Cheese Bread Sticks Peas and Carrots Strawberries</p> <p style="text-align: center;">Milk</p>
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p>Baked Mozzarella Sticks Marinara Sauce Celery Sticks</p> <p style="text-align: center;">Water</p>	<p>Cheese It's Cauliflower</p> <p style="text-align: center;">Water</p>	<p>Graham Crackers Applesauce</p> <p style="text-align: center;">Water</p>	<p>WGR Goldfish Preschool Chips Snap Peas</p> <p style="text-align: center;">Water</p>	<p>Naan Bread Apple Slices</p> <p style="text-align: center;">Water</p>
					<p>Enrichment Day</p> <p>MOMS & MUFFINS</p>

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Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 3 May 15th – May 19th 2023

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 3/4 cup</p> <p>Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p>WGR Kix Cereal Turkey Sausage Banana</p> <p>Milk</p>	<p>Scrambled Eggs w/Cheese WGR Toast Peaches</p> <p>Milk</p>	<p>WGR Waffles Canadian Bacon Strawberries</p> <p>Milk</p>	<p>Biscuits and Pork Sausage Gravy Turkey Sausage Pineapple</p> <p>Milk</p>	<p>Pancakes Cheese Sticks Mixed Fruit</p> <p>Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p>Ham & Cheese Sliders WGR Bun Potato Wedges Apple Slices</p> <p>Milk</p>	<p>Fish Sticks Tater Tots WGR Roll Watermelon</p> <p>Milk</p>	<p>Baked Beef Ravioli Marinara Sauce Mozzarella WGR Garlic Bread Green Beans Apple</p> <p>Milk</p>	<p>Chicken Nuggets Roasted Red Potatoes Herb Garlic Breadsticks Orange Slices</p> <p>Milk</p>	<p>Chicken & Cheese Quesadilla WGR Tortilla Peas & Carrots Mango</p> <p>Milk</p>
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p>Graham Crackers Strawberry Banana Smoothie</p> <p>Water</p>	<p>Soft Pretzel Cheese Sauce Broccoli</p> <p>Water</p>	<p>Cereal Mix Carrot Sticks</p> <p>Water</p>	<p>Sun Butter Celery Sticks</p> <p>Water</p>	<p>WGR Cracker Sliced Cheese Blueberries</p> <p>Water</p>
			Parent Committee	Policy Council	Child Care Only

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Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 4 May 22nd – May 26th 2023

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 3/4 cup</p> <p>Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p>WGR Cheerios Turkey Sausage Banana</p> <p style="text-align: center;">Milk</p>	<p>French Toast Canadian Bacon Applesauce</p> <p style="text-align: center;">Milk</p>	<p>Banana WGR Oatmeal Cheese Sticks Peaches</p> <p style="text-align: center;">Milk</p>	<p>Scrambled Eggs W/Sausage Crumbles WGR Toast Canned Pears</p> <p style="text-align: center;">Milk</p>	<p>WGR Bagel w/ Cream Cheese Hard Boiled Eggs Strawberries</p> <p style="text-align: center;">Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p>Chicken Strips Sweet Potato Tots WGR Roll Watermelon</p> <p style="text-align: center;">Milk</p>	<p>Beef Goulash WGR Noodles Parmesan Cheese Marinara Garlic Bread Green Beans Cantaloupe</p> <p style="text-align: center;">Milk</p>	<p>Ham and Cheese Sandwich Cucumber Slices Honey Dew</p> <p style="text-align: center;">Milk</p>	<p>Beef Tacos Shredded Lettuce Shredded Cheese Sour Cream WGR Tortilla Apple Slices</p> <p style="text-align: center;">Milk</p>	<p>Salmon Sandwiches WGR Bread Snap Peas Sliced Oranges</p> <p style="text-align: center;">Milk</p>
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p>Cheese Sauce Naan Bread Broccoli</p> <p style="text-align: center;">Water</p>	<p>Cheese Crackers Snap Peas</p> <p style="text-align: center;">Water</p>	<p>WGR Goldfish Cracker Celery Sticks</p> <p style="text-align: center;">Water</p>	<p>Animal Crackers Watermelon</p> <p style="text-align: center;">Water</p>	<p>Corn Bread Muffins Carrot Sticks</p> <p style="text-align: center;">Water</p>
					Enrichment Day

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Menu Cycle Week 5 May 29th – June 2nd 2023

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: ½ cup 1% or nonfat Milk: ¾ cup</p> <p>Infants Grains: ½ serving Fruit or vegetable: ¼ cup Milk: ½ cup</p>	HOLIDAY	<p>WGR Life Cereal Turkey Sausage Banana</p> <p>Milk</p>	<p>WGR Bagel Cream Cheese Turkey Sausage Peaches</p> <p>Milk</p>	<p>Sausage and Cheese Biscuit Hash Browns Mango</p> <p>Milk</p>	<p>Blueberry Muffins Cheese Sticks Blueberries</p> <p>Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: ½ serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: ½ serving Vegetable and/or fruit (2 or more, ¼ cup each) Milk: ½ cup</p>	HOLIDAY	<p>Cheeseburger Sliders WGR Bun Tater Tots Watermelon</p> <p>Milk</p>	<p>Sun Butter and Jelly Sandwich Celery Sticks Blackberries</p> <p>Milk</p>	<p>Teriyaki Chicken Brown Rice Snap Peas Mandarin Oranges</p> <p>Milk</p>	<p>Tuna Fish Sandwich WGR Bread Pickles Apple Slices</p> <p>Milk</p>
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; ½ cup Grain: ½ serving Meat/meat alternate: ½ oz</p>	HOLIDAY	<p>Cheese Sticks Raspberries</p> <p>Water</p>	<p>Soft Pretzels Carrot Sticks</p> <p>Water</p>	<p>WGR Wheat Thins Cauliflower</p> <p>Water</p>	<p>WGR Gold Fish Bananas</p> <p>Water</p>
					Child Care Only

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