

Betty J. Taylor Early Learning Academy

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APRIL 2018

Sheryl Fryberg, Director

Rabbit



Welcome back from Spring Break!
Hope you all had a fun break!
We have been working hard to get everyone prepared to transition to the pre-school side! And the kids have adjusted incredibly well! Please be on the lookout for a letter being sent your way from us on what other changes we will be implementing to help assist and some of the other changes on the other side that we may bring in later or will happen when they move over. We are so proud of the work they have done and are extremely thankful that we have the extra time to work with them and help ease into the other side, since it is a big transition with 18-20 children class sizes!

Right now they are all approaching 3 ½ years old, so just like we know when someone is listening, they do too. They are much more aware of their surroundings and body language. When they talk to you, you can repeat what they say to you to make sure you understand them and to allow them to hear the words spoken clearly. They are also beginning to understand “owning” words, like “mine” and “his/hers”. Now will be a good time to include them in daily activities, like having them help with dinner or cleaning. They can gain life skills and have bonding time with you in way that won't make you feel like you have to multi task.

– Alondra, Caliee and Toni Jo

Orca



Yay! It's finally spring time and it is still cold but getting warmer so we still need those jackets and extra clothes. This month we will be having a birthday in our classroom Melina will be one, happy birthday to Melina. On another note, Mrs. Shala will be leaving on maternity leave and hopes to see everyone again in the fall for the start of school, she will miss all of our kiddos, but will be adding a new baby boy Jace to their family this month.

This month's theme is April showers bring May flowers. We will be planting and watering and watching plants grow. Also our curriculum will be based around water and flowers.

– Shala and Katherine

Chipmunk

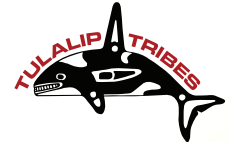


Welcome to April Chipmunk families!
This month we will be reading, singing and learning about dinosaurs, planting, and new animal life. We will be working with different manipulatives and tools as well as continuing our work with letters, colors, and numbers.

Please remember to bring extra clothes as the weather is very unpredictable this time of year.

And a happy birthday month to Madeleine!

– Alex, Stacie and Casey



IMPORTANT DATES

- **Happy Easter**
April 1st
- **Spring break academy CLOSED**
April 2nd-6th
- **HCI Parent Training**
1:00 p. m. - 2:00 p.m.
April 12th
- **Mini Health Fair**
2:00 p.m. - 5:00 p.m.
April 12th
- **Academy Late start Drop off 8:45 a.m. - 9:15 a.m.**
April 13th
- **Parent Committee**
12:00 p.m. - 1:00 p.m.
April 18th
- **Policy Council**
12:00 p.m. - 1:00 p.m.
April 19th
- **Preschool Art Display**
5:00 p.m. Greg Williams Court Gym
April 19th
- **Spring Dance**
5:00 p.m. - 8:00 p.m.
April 26th

Salmon



We hope everyone had a wonderful Easter and spring break! Speaking of spring that is what we will continue to be focusing on this month. We will be talking about bugs, flowers and various life cycles. This is always the funnest part of the year, when the kids start seeing winter fade and spring blossom. Take this time to go outside! Things are changing and it gives you a perfect learning moment with your child.

Reminder: "April showers bring May flowers" - Please remember to bring your child in weather appropriate clothing so your child is dry and warm during our outside time.

– Jeryre, Sheila and Rainey

"April hath put a spirit of youth in everything."

– William Shakespeare

Jellyfish



April is here for 2018 and we are buggin' for spring to explore color, flowers, rain showers, gardening, and lots of BUGS! Watching how life changes, the weather, plants growing from a seed and some to a beautiful color. We will also be seeing our names on activities, chairs, and looking at books of ourselves doing our daily routine. Families keep your eyes on the calendar for our 1st week, being closed for our spring break, on the 12th our Mini Health Fair, 18th Parent Committee 12-1pm, 19th Policy Council 12-1pm and on the 26th, our fun spring dance 5-8pm, how fun! This month some of us will be having fun, visiting the Easter Bunny and egg hunting.

– Melissa and Stella

Starfish



This month we will be doing many fun activities to welcome spring! We are looking forward to (hopefully) seeing some sun and having warmer weather, our theme for the month is April showers bring May flowers! We will look at different kinds of flowers, seeds and explore all the fun things spring has to offer. We will also explore different pictures of insects and explore worms! Looking forward to a fun filled month! We would like to wish a happy birthday to Alissa who turns 3 this month!

– Kara, Elisa and Jessyca

Turtle



Spring is here and the flowers are blooming so it's time to venture off for a nature walk. Children listen to the sounds of nature and see the changes all around us. We have great activities planned and many things to explore. We would like to wish Kenneth, Lexi and M'Kenya a very happy 2nd birthday this month. We hope everyone enjoyed the spring break and we are ready to jump back in and have some fun.

– Darla, Sherry and Melissa

Crab



Can you believe it's spring time already? Spring is a time of renewal. We will have all of our classroom friends over one years old now. We will be eating the same foods and learning how to start serving ourselves and passing bowls to our friends. We will also start learning how to bus our own dishes. This teaches our children how to take responsibility for themselves. It also teaches sharing and table manners.

We will be talking about the weather on our walks. Observing how the weather is changing, how the trees are budding and pointing out flowers that are now starting to bloom.

Important Dates:

1st: Easter

2nd-6th: Closed for Spring Break

12th: Mini Health Fair 2pm-5pm

13th: Late Start drop off 8:45am-9:15am (childcare only)

18th: Parent Meeting 12pm-1pm

19th: Policy Meeting 12pm-1pm

– Ms. Cindi, Ms. Stacy, and Ms. Selina



Did You Know?

- More than 65 percent of a person's body weight is water.
- Not having as much water as the body needs is a common reason for feeling tired in the afternoon.

About seven out of 10 young children drink only beverages that have added sugar or sugar substitutes. This puts them at risk for tooth decay and other health problems.

Water and Health

Water is important for good oral health and overall health and well-being. Drinking water every day helps move nutrients throughout the body, gets rid of waste, gives skin a healthy glow, keeps muscles moving, and promotes a healthy weight.

Drinking Water Is Important for Good Oral Health

- It strengthens teeth. Drinking water with fluoride is one of the easiest and best ways to help prevent tooth decay. Water with fluoride makes it hard for the bacteria that cause tooth decay to create acid. Fluoride also strengthens the outer layers of the teeth, making them more resistant to acid attacks. If the local,

county, or state health department says not to drink water from the tap, make sure the new water source contains fluoride.

- It keeps the mouth clean. Drinking water washes away the bacteria that cause tooth decay and also washes away food left in the mouth after eating. Water also dilutes acids made by the bacteria that cause tooth decay. Even though drinking water helps keep the mouth clean, it is still important to brush the teeth with fluoride toothpaste twice a day.

- It fights dry mouth. Water helps create saliva, which is the mouth's first defense against tooth decay. Saliva contains calcium and other minerals that work into the outer layers of the teeth to keep them strong. It also keeps food moist so it can be swallowed easily and clears away food left in the mouth after eating.

It does not contain sugar. Water is sugar-free, so drinking it doesn't allow the bacteria that cause tooth decay to make acid. Drinking water instead of beverages that have natural or added sugar lowers the risk for developing tooth decay.



Cook's Corner: Tips for Encouraging Children to Drink Water

Here are tips for encouraging children to drink water during the day.

- Make it fun. Drink from bendy, silly, or colored straws made of paper or that are washable.
- Keep it portable. Reusable water bottles that can be washed, carried anywhere, and refilled are great.
- Flavor it. Children used to drinking juice, juice drinks, or pop (soda) may think water is too plain. Add a lemon, lime, or orange slice or fresh mint leaves to the water. You can also add fruit like blueberries, raspberries, or strawberries. Remember not to add sugar.
- Ice it. Serve water with ice cubes or crushed ice. Look for ice cube trays in fun shapes, like animals, flowers, or stars.

Frog



Happy April Frog families!

We're excited to announce that we had a 2nd birthday happen in our class this last month: Gracelynn turned two March 1st! We also have Jazmyn Foster turning two on April 28th! Our class is growing so fast we just can't believe it!

We're starting to challenge them a little more now, adding lots of new things to our curriculum. We'll be doing lots of hand/eye coordination work. We're working on our self-serving/family style for meal times! Which means the kids will be able to

get their food themselves and get it on their plates. Then bus their plates when they're finished. We will be working more on it this month along with cleaning up after ourselves and washing our hands!

As April's showers begin to come, please remember to bring shoes for your child daily and also a good warm coat! Gloves and hats are welcome as well. We do go outside daily and we do wear shoes in class at all times now.

— Jenn, Alix, and Kaitlynn

Gray Whale



Happy April from gray Whale Room!

This month we will be going on more outdoor adventures as our little ones are starting to get more mobile so please make sure to bring warm clothes (feel free to leave an extra jacket here).

We are going to focus on more sensory activities and spring related books/art. Let us know if you have any suggestions or requests for Mother's Day and we might get a jump start on gifts this month!

As a class we are starting to use sippy cups and some of us will be transitioning to floor mats for naptime this month!

— Lakrista and Jasmine



Otter



We seem to finally be enjoying some warmer weather. "April showers bring May flowers!" We have spent so much time indoors and will be excited to spend time outside. Our children strengthen growing muscles when they are climbing, running, playing ball and jumping. This month we will be learning about flowers growing, bugs, and the colors around us outdoors. One thing parents can do is take the time to point out all the amazing changes that spring brings. You will be helping them expand their language, communication skills and help them to be eager learners. They love the outdoors and talking and learning about the things they see outside. Parents, we thank you for your continued support and love that you share your wonderful children with us.

– Sarah, Anita, and Marcella

Octopus



Welcome SPRING! Yeah it's finally starting to get warm out so we will be venturing outside more. Please make sure that your child has extra clothes for school. We all know how much it likes to rain here. This month we will be focusing on sensory projects and getting messy.

Academy Reminders:

Spring break this month Academy closed from April 2nd through the 6th.

There will be a mini health fair from 2-5 pm

Academy late start (childcare only)
8:45-9:15 drop off

Parent Committee April 18th 12-1

Policy Council April 19th 12-1

Spring dance 5-8pm April 26

Hope everyone has a wonderful month!

– Jamie, Teresa and Cheryl

Beaver



Happy spring! This month the Beaver Room will explore the signs of spring in our environment. We will explore the outdoors while on walks and look for flowers, birds and green plants. We will create spring themed art projects including flowers, bugs and spring colors! We will continue to work on counting in English and in Lushootseed as we sing along with our felt board stories in circle time.

Just a reminder to please call in if your child will be absent for the day and please remember to let us know in advance of family days and vacations. We will be closed April 2nd-6th for spring break.

Thank you,

– Fran, Leah, and Sam

COMMUNITY EARLY LEARNING OPPORTUNITY:

Early Childhood Developmental Services through a
Federally Funded Community - Based Program
Serving the Tulalip / Marysville School District

Early Head Start

**Services provided for
Pregnant Moms
Children ages birth - 3**

We offer:

- **Disabilities / Special Needs**
- **Center Based Learning**
- **Certified Educated Teachers with Early Learning Experience**
- **Small class sizes**
- **8 Children Per – Class with 2 Teachers**
- **Parent & Family Involvement**
- **Fun Family Events**
- **Parent Resources**
- **Parent Education Trainings**