

COMMUNITY EARLY LEARNING OPPORTUNITY:

Early Childhood Developmental Services through a Federally Funded Community - Based Program Serving the Tulalip / Marysville School District

Early Head Start

Services provided for
Pregnant Moms
Children ages birth - 3

We offer:

- **Disabilities / Special Needs**
- **Center Based Learning**
- **Certified Educated Teachers with Early Learning Experience**
- **Small class sizes**
- **8 Children Per – Class with 2 Teachers**
- **Parent & Family Involvement**
- **Fun Family Events**
- **Parent Resources**
- **Parent Education Trainings**

Betty J. Taylor Early Learning Academy

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Tulalip, Washington 98271
360-716-4250

JULY 2018



Beaver



We are now moving into July and it is getting very warm outdoors. We, as teachers, would like to encourage you to dress your children comfortably for the warm weather and if possible bring in some extra clothes so children can get wet and cool off due to the warm weather. Let us drink plenty of fluids (water, water, and water).

Also, the 4th of July is approaching and we're just offering encouraging words to keep children safe and keep eyes open for other people as well. Time is flying by so quickly and we are close to the end of our school year—let's keep focused on children's wellness and their capability in what they have learned throughout this year. Have a great summer now that it is here.

—Fran, Leah, & Samantha

Rabbit



Welcome back Rabbit friends! Hope you all had an amazing summer break and Fourth of July! This month we will be learning about camping, ocean animals, the beach, and picnics! We will also be working colors, letters, and numbers into these subjects! Our Rabbit Room kids are working really hard at learning how to write their names by tracing them. They are doing an amazing job of recognizing not only their own names, but each of their classmate's names as well!

Only a month and a half until our kids will be moving over to the pre-school side! It is bittersweet and we will miss them very much. But we know that we have prepared them well and are excited to see them thrive in their new classes! To help assist, we will be starting tours and other steps to get them comfortable in their new environments. Our official date for the Moving Up Ceremony will be August 14! It has also been announced that we will indeed have our zoo trip, but it has been moved to August 16.

—Elisa, Sarah, and Jasmine

Sheryl Fryberg, Director



IMPORTANT DATES

- **Academy Closed**
July 2–6
- **Fourth of July Holiday**
July 4
- **Academy Late Start Drop Off**
8:45–9:15AM
July 13
- **Parent Committee**
12:00–1:00PM
July 18
- **Policy Council**
12:00–1:00PM
July 19



Frog



Happy summer Frog families! We're excited to announce we are all officially two years old after the first week of July! We are closed the first week of July and will be celebrating their birthdays another time. Our July birthdays are Flora Pablo (July 1), Krislyn Reeves (July 4), Roman Baca and Zayn Nagro (July 6)—happy birthday to them!

This month we will be doing firework art and focusing on the colors red, white, and blue. We will also be doing more sensory activities especially with water and ice to try and stay cool! We plan on doing lots of nature walks and spending time in our garden.

—Jenn & Alix

Gray Whale



Summer is here! Beaches, picnics, BBQs, sun and fun. July also means some very intense sun rays so we will be applying sunscreen to all of our babies. The school year is going by quickly, we only have six weeks left of the school year.

Last month we introduced our class to the Monkey Room. The Monkey Room is a room in the upper building that is completely filled with soft foam play structures, including a "ball/block pit". Our class really enjoyed exploring this new environment. It really allows us to use our large motor skills.

—Ms. LaKrista, Ms. Cindi, & Ms. Jasmine

Salmon



Sunny July's symbolic meaning signifies summer and all of its radiant glory in the northern hemisphere. As a child, school is now out and the long days of light are filled with outdoor play, swimming, and all sorts of fun. Summer is a time for outdoor activities, camping, and family BBQs. The warm temperatures we experience in July provide us with the weather conditions we need to reconnect with nature. This month we will be exploring camping and the great outdoors. We want our children to connect with nature and be in "AHHH" with the world around them.

We are asking all our families to take time and connect with their children in nature by hiking, camping, or even simply having a picnic. We will be sending a scavenger hunt home with our families again. This hunt will be more generalized and can be done anywhere in nature, even in your backyard. Please let us know how your scavenger hunt goes and feel free to share pictures you take while hunting for the various objects. Have fun!

—Jeryre, Sheila, & Rainey

Crab



Welcome to summer! It is hard to believe that it is already July and that the next school year is just around the corner. It has been a wonderful year so far and we are looking forward to some great summer fun activities for our class. Just a reminder, please supply a change of clothing for your child to wear during water play. July is a time for family, friends, and the celebration of independence. Take time to laugh, love, and make memories this 4th of July with those you love and cherish most.

—Ms. Val, Ms. Stacy, & Ms. Selina

Jellyfish



Summer's here and it's getting hot outside. We will be outside a lot more with water play, nature walks, and outdoor activities. We will be closed for a week from the 3rd through the 7th with a holiday on the 4th of July. We want each child's family members to feel free to come to us for questions or concerns. We will be learning about textures, the beach, gardening, and the color green. We will be putting sunscreen on your child as needed. Please bring proper dress to keep your child warm and dry for outside time.

—Stella, Melissa, & Marcella



Otter



Welcome to spring and summer here in our toddler class. The theme for this month is water! We will put water in our sensory table so please make sure to bring extra clothes in case your child gets wet. We will play with boats and sea animals and we will talk about the different things that live in the water. We will paint with watercolors and talk about the different things we can do with water.

—Sarah & Kaitlyn

Turtle



Hello from Turtle Room. Summer is here along with warmer weather. We will be exploring nature with walks, gardening, insects, and a lot of water activities. We will also be talking about summer safety. Just a reminder that we will be closed July 2–6 for summer break. Have a wonderful 4th of July and stay safe.

—Sherry & Darla

Starfish



Happy July and welcome back from our summer break! We are loving the gorgeous summer weather that we are having. This month we will be exploring the different things that summer has to offer by playing outside in the sun, exploring water/sand in sensory tubs, and bubbles! Please remember that we will be going outside every day and, since some days we will be playing with water, your child should have an extra change of clothes in case they get wet! Looking forward to a fun filled month.

—Kara, Elisa, & Jessyca

Octopus



Hello Octopus families, we have made it to summer—yay! Hope everyone has had a wonderful year thus far. This month we will be exploring and discussing zoo animals. We are going to be talking about the different kinds of animals that we see at the zoo such as monkeys, tigers, hippos, and giraffes. We will be doing a lot of sensory activities this month and talk about the different kinds of habitats that animals need to live.

Just a few reminders: please remember to bring your child extra clothes. With the weather getting hot, we will do a lot of outside water play. We also like to go dig in the garden. The new calendar for July is out and we will be closed the first week of the month for a short summer break. We hope that everyone has a happy and safe Fourth of July. Also, our school zoo trip was moved to the 16th of August, we hope everyone can make it.

—Jamie, Teresa, & Cheryl

Did You Know?

Many babies begin to suck their fingers or thumbs before they are born. It is easier to wean a child from a pacifier than it is to wean a child from sucking their fingers or thumbs.

Babies and Pacifier Use

Most babies have a natural need to suck, and find it calming. This type of sucking is called "non-nutritive sucking" because the baby is not being fed. Giving a baby a pacifier can satisfy a baby's need to suck.

Between ages 2 and 4, most children stop using a pacifier on their own. If a child continues to use a pacifier after age 5, it can affect the way their teeth bite together. For example, it can cause an overbite. It can also affect the growth of jaws and bones that support the child's teeth.

Tips for Parents About Pacifier Use

If parents choose to give their baby a pacifier, here are some tips for using it safely:

- **Wait until breastfeeding is going well (usually after about three to four weeks).** If a pacifier is given to a baby before then, nipple confusion may occur and make breastfeeding hard to establish. After a pacifier is introduced, it should never be used to delay or replace regular feedings.
- **Let a baby decide whether to use a pacifier.** If a baby shows no interest in using a pacifier, do not force it.
- **Offer a pacifier at naptime and bedtime.** If a baby uses a pacifier, the best times to offer it are at naptime and bedtime. Using a pacifier at these times may help lower a baby's risk for Sudden Infant Death Syndrome (SIDS).
- **Don't coat pacifiers.** Sucking on a pacifier coated with anything, especially sugar, honey, or jam, increases a baby's risk for tooth decay.
- **Attach pacifiers with clips that have short ribbons to keep from falling.** Never tie a pacifier to a baby's wrist or neck or to a baby's crib. The string can get tangled around the baby's neck and make the baby choke.
- **Clean pacifiers and replace them regularly.** Wash a pacifier that has fallen on the ground or floor with soap and warm water before giving it back to a baby. Parents who clean pacifiers with their mouths pass bacteria that cause tooth decay to the baby. Carrying extra pacifiers is a good idea.
- **Check pacifiers for wear and tear.** Over time, pacifiers can break down. Look at the rubber every now and then to see if it is discolored, cracked, or torn. If it is, replace it.
- **Do not share pacifiers.** Each baby should have their own pacifier(s). Letting babies share a pacifier can pass bacteria that cause tooth decay and increases a baby's risk for tooth decay.

Tips to Help Parents Wean Their Child from a Pacifier

If a child shows no interest in self-weaning from the pacifier by age 4, parents need to help. Here are some ideas to share with parents.

- **Take it away gradually.** Limit pacifier use to certain times (such as naptime or bedtime) or to certain places (such as in bed). In most cases, when a child uses a pacifier in bed, it falls out of the child's mouth during sleep. Parents can gradually increase the amount of time the child is not using a pacifier until the child completely stops using it.
- **Throw it away.** Encourage the child to throw their pacifier away. If the child asks for a pacifier, parents can remind them that the child threw it away, that the child is a big kid, and that big kids don't use pacifiers.
- **Trade it.** Encourage the child to put pacifiers under the pillow for the "pacifier fairy" (or another positive cultural character) who will trade them for a gift, like a toy or something soothing. If the child keeps asking for a pacifier, remind the child that all the pacifiers were given to the pacifier fairy (or other character), who gave the child a gift.
- **Poke holes in it.** This alters the pacifier so it is no longer satisfying to suck on. It's best to use a clean pin to poke two to three holes in the tip.