

Betty J. Taylor Early Learning Academy

7730 36th Avenue NW
Tulalip, Washington 98271
360-716-4250



OCTOBER 2017

Frog



Happy fall Frog Room families! As October comes and the fall weather starts, please remember to bring jackets and shoes for your child on a daily basis. We are going outside more often now that our kids are old enough. We also plan on getting a little messy this month with painting, sensory activities, and playing with pumpkins! So extra clothes to keep in the classroom would be great. In addition, this month we have a couple closures: Friday, October 6 our academy will be closed and there will be no Friday childcare. Friday, October 27 is our Fall Harvest Event from 11:00am–2:00pm, do not forget you can wear your Halloween costumes! There will be no childcare provided this day. The week of October 16–20 are half days (it is our conference week) so pick up will end at 12:30pm. If your child is enrolled in childcare, they will be able to stay for childcare provided from 12:30pm–5:00pm.

—Jenn Markishtum and Alix

Otter



This year has gotten off to a great start. We have had a wonderful first few weeks of school and it seems as though everyone has made a smooth transition. Parents, you have done a terrific job of reassuring your children that you will return to reunite with them as soon as class is over. The children appear to feel secure and free to explore their new classroom, make new friends, and develop new skills. Thank you so much for all of your help and support. We are looking forward to a wonderful school year with your children. So far we have worked on getting used to the daily routine we have in the classroom. Your children have had fun painting, singing songs, going on walks, and playing. October is a busy month for us. We will be discussing the fall season and observing all the changes this time of year brings. Also, October 27 will be our Pumpkin Extravaganza so please join us for that fun-filled day.

—Sarah and Anita



Sheryl Fryberg, Director



IMPORTANT DATES

- **Academy closed for all staff meeting**
October 10th
- **Half days (noon pick-up) child care only for conferences**
October 16th–20th
- **Parent Committee Meeting (12-1pm)**
October 18th
- **Policy Council Meeting from (12-1pm)**
October 19th
- **Academy closed for Fall Harvest Event (10-1pm) (OK to wear costumes)**
October 27th
- **Halloween**
October 31st
- **Scheduled Classes for Cultural Teaching (families MUST attend at least one a month)**
October 3rd (5-7pm)
October 10th (12-1:30pm)
October 17th (5-7pm)
October 24th (12-1:30pm)

Raccoon



Wow, we're already in the second full month of school. September was awesome! We are glad that everyone is getting settled into the new routine. We explored our room and learned some new guidelines. Everyone enjoyed learning about each other. We are so excited October is here, it's such a fun month of the year! So we have tons of Halloween and pumpkin projects planned. We have our Pumpkin Extravaganza on Friday, October 27 from 10:00am–1:00pm, we can't wait to see all the cute costumes! As a reminder, school is closed Friday, October 6. Have a great and safe Halloween!

—*Clarissa James, Shantal Charlie, Jasmine Jack*

Rabbit



Welcome to fall Rabbit Room families. I'm happy to say our first month back has been wonderfully amazing! Your child eased back into routines very smoothly and picked right back up where we left off. To our new friends/families, your child has made themselves at home and quickly followed in their peers' lead. Despite all our transitions, your child has been able to breeze through them with ease by having friends to help show them the way.

This month we'll learn about fall and all the changes we'll experience. From weather to holidays and foods and smells. Our planned activities will involve a lot of sensory and outdoor hands-on experiences. No better way to truly learn about the leaves in the fall than to touch and feel them. We're making progress in toilet training although your child may still have occasional accidents, please keep this in mind and always have extra clothes in your child's cubby along with their warm jacket as we stroll outdoors. We'd like your child to be prepared for the cold weather.

Side note... We are so close to being a pull-up/diaper free classroom—hooray! Give yourself a pat on the back families for all of your hard work and dedication.

Thank you for welcoming Cailee and I into your homes for our first home visits. Don't forget to take a gander at the parent board to see our weekly curriculum and planned activities, what we're doing, what we're learning from those activities. We'd like to wish all of our October babies a happy birthday: Tayden on the 4th, Bella on the 15th, Daniel on the 18th, and Kewan on the 29th!

—*Alondra, Cailee, and ToniJo*

Crab



Can't believe we are already into October. Our first month we spent our time adjusting to our new schedule at school. We are now comfortable with our friends, teachers, and our schedules. At times our class seems like we are just running non-stop, yet each interaction we have with each child is a time we are building a relationship with them and building a foundation for further learning.

This month, the weather has changed, fall is here. Please dress your child for chillier weather. Our classroom has had a hard time with regulating the temperature and has been running cooler than normal. Please also provide spare clothes that are more appropriate for fall weather. We have gone through a lot of spare clothes and for those kids who have gone home in their spares, we need replacements.

—*Cindi/Stacy*

Octopus



We want to welcome all our families to the Octopus Room. We have a great year planned out ahead of us. This month we are going to be introducing the children to the new classroom. We will be talking about Halloween and pumpkins. We also want to make sure that parents remember to dress their children for the weather now that it is starting to get a bit colder and wetter outside. If you have any questions, please feel free to ask us and we will help with whatever you need.

—*Jamie, Teresa F., and Jessyca*

Gray Whale



Fall is in full swing and we are now into our second month of school. We have a lot of exciting activities planned for this month and plan to enjoy the change of season. Just a few reminders that the week of October 16–19 are half days, October 27 is our Fall Harvest Event and children are encouraged to wear their costumes. Please make sure to bring coats, hats, and warm clothes as we will be going outside every day. We look forward to watching as our class grows and learns.

—*Jeryre, Alicia, and Jasmyne*

Salmon



It's October and Halloween is right around the corner. We hope all of you enjoyed the last few weeks of summer and the first few weeks of fall. This month's curriculum will be focused around the upcoming Halloween holiday and all the fun things that come with it. Your child is more than welcome to wear their costume to school on Halloween day, we just ask that you make sure your child has regular clothes and appropriate shoes to wear as well. We can't wait to see what everyone is going to dress up as. Again, we are asking that parents to make sure their child has an appropriate coat for upcoming cold fall weather. Please make sure this coat is sent to school daily as we will be taking many walks outside and trips to the playground. Our little ones are growing so quickly, they are catching on to our new classroom routines quickly and their speech is increasing with new words being learned every day. We hope everyone has a great October!

—Jeryre and Alicia

Turtle



September went smoothly, our children transitioned into their new class with smiles. We succeeded in capturing the interest of our children with all the fun activities. We had a lot of accomplishments—Benson learned to use a paint roller to create green patterns on his paper plate. He smiled while making it move up and down and side to side—he's our future artist! McKenzie has kept herself dry, she doesn't need pull-ups anymore, great work! Brayden was challenged with threading beads and kept at it until he was able to thread one—I like that persistence, way to go! Madeleine looked at the real insects in clear blocks. With an eye for detail, she counted all their legs and we may have a future scientist! October will be a fun and silly month, dressing up for our Fall Harvest Event with fun games, hunting for the perfect pumpkin, and, of course, lots of treats so please keep your eyes and ears open for our extravaganza. Reminder for families to bring extra warm clothing and possibly an extra coat to keep your child dry.

—Stella and Amber

Chipmunk



Hello families! This month we will be exploring fall through exploration of natural materials along with sensorial experiences and fun, fall-themed art! The children have been involved in a nature walk experience where they collected natural materials and this month they will be using those materials in multiple activities such as a Montessori threading activity as well as creating self-portraits and decorating head wear with the materials. The children will also be using multiple modes of art such as paint, doobers, glue, tissue paper and other materials to create fall decorations and crafts to bring home and share with you. We will also be exploring literacy through fall-themed books and songs using our voices, hands, and storyboards learning in both English and Lushootseed while incorporating these learned songs and stories into science and math activities using measurement and mixtures to make a pumpkin sensorial experience. We look forward to this month and for your children to share their work and fun with you!

—Stacie and Alex

Starfish



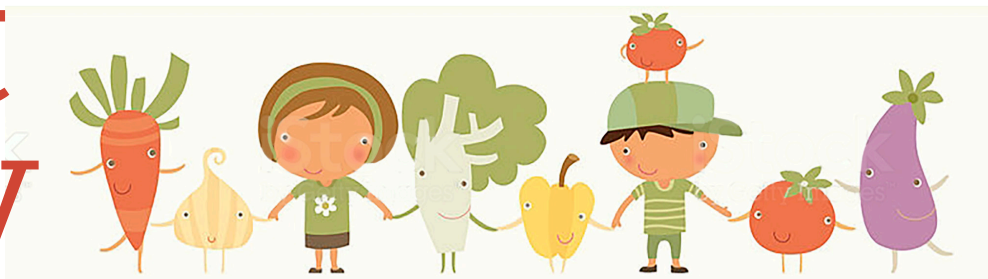
Welcome fall! It has been wonderful coming into the new school year and getting back into our routine. This month we will be focusing on fall and learning about all the wonderful things fall has to offer. We will be having a Fall Harvest Event on October 27. In the classroom, we will be working with things from fall like observing different colors

of leaves, looking at the differences (sizes, shapes, textures) of pumpkins and looking inside them including their seeds. Please remember that we go outside daily and, as the fall weather creeps in, it is important to dress your children for the weather. We're looking forward to a fun-filled month!

—Kara/Elisa and Lakrista



Healthy Habits Start Early



Good eating habits begin early in your child's life. As early as infancy, you can help your child grow lifelong healthy eating habits.

You are your child's best role model so while you help them to eat healthy, try to do the same too!

Healthy Feeding and Eating For Your Infant

- If able to, try to breastfeed for at least 6 months. She will be more likely to have a healthy weight as she gets older.
- Put breast milk or formula, not cereal, in your baby's bottle. Cereal adds extra calories that she doesn't need.
- Try to wait until your baby is around 6 months to start healthy solid foods like pureed vegetables, jarred baby foods, and infant cereals. Starting solid foods too early can lead to problems with overweight and obesity later.
- Around 8 or 9 months try offering your baby small amounts of healthy finger foods like grilled chicken, cooked carrots, and cut up strawberries. This will help your baby learn to eat healthy.
- Breast milk, formula, and water are the best drink choices for your baby. Soda pop, 100% fruit juice, and sport drinks add extra calories to her diet and can harm their new teeth.

“Offer your toddler healthy snacks like small cubes of cheese, sliced banana, or whole grain crackers two to three times per day.”

For Your Toddler

- Offer your toddler healthy snacks like small cubes of cheese, sliced banana, or whole grain crackers two to three times per day. This will help him stay full in between meals and reduce hunger-related temper tantrums.
- Try to be patient with picky eaters. He may need to try a food 10 to 15 times over several months before he will eat it.
- Try giving your toddler a choice between two healthy options. He will be more likely to eat healthy food if he picks it out.
- Milk and water are the healthiest drink choices for your toddler. Soda pop, 100% fruit juice, and sport drinks add extra calories to his diet and can harm his teeth.

For Your Preschooler

- Let your child help you in making healthy meals and snacks. She will be more likely to try healthy foods if she helps out.
- Try to keep your kitchen stocked with simple, healthy snacks like carrots, sliced apples and peanut butter, or string cheese. This will help you and your preschooler eat healthy, even on busy days.

- Milk and water are the healthiest drink choices for your preschooler. Soda pop, 100% fruit juice, and sport drinks add extra calories to her diet and can harm her teeth.

For Yourself and Family

- Your child is learning healthy habits by watching you. Try to eat healthy too.
- Set playtime, mealtime, and bedtime routines to make day-to-day life less stressful.
- Talk with your child's doctor, Head Start staff, and other parents to get healthy eating tips.

COMMUNITY EARLY LEARNING OPPORTUNITY:

Early Childhood Developmental Services through a Federally Funded Community - Based Program Serving the Tulalip / Marysville School District

Early Head Start

Services provided for
Pregnant Moms
Children ages birth - 3

We offer:

- **Disabilities / Special Needs**
- **Center Based Learning**
- **Certified Educated Teachers with Early Learning Experience**
- **Small class sizes**
- **8 Children Per – Class with 2 Teachers**
- **Parent & Family Involvement**
- **Fun Family Events**
- **Parent Resources**
- **Parent Education Trainings**