

Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 2 September 13th-17th 2021

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 3/4 cup</p> <p>Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p>WGR Kix Cereal Canadian Bacon Peaches</p> <p style="text-align: center;">Milk</p>	<p>WGR Toast Turkey Sausage Blueberries</p> <p style="text-align: center;">Milk</p>	<p>WGR Bagel Cream Cheese Hard Boiled Egg Blackberries</p> <p style="text-align: center;">Milk</p>	<p>WGR Biscuits Pork Sausage Gravy Turkey Sausage Orange Slices</p> <p style="text-align: center;">Milk</p>	<p>WGR Dutch Waffles Hard Boiled Eggs Strawberries</p> <p style="text-align: center;">Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p>Beef Tatar Tot Casserole Green Beans WGR Roll Apple Slices</p> <p style="text-align: center;">Milk</p>	<p>Turkey Sandwich WGR Bread Monterey Jack Cheese Carrot Sticks Mango</p> <p style="text-align: center;">Milk</p>	<p>Chicken Yakisoba WGR Noodles Broccoli Shredded Carrots Snap Peas Mandarin Oranges</p> <p style="text-align: center;">Milk</p>	<p>Beef Goulash WGR Macaroni Noodles Garlic Bread Corn Raspberries</p> <p style="text-align: center;">Milk</p>	<p>Tomato Soup Grilled Cheese Sandwiches WGR Bread Celery Sticks Pears</p> <p style="text-align: center;">Milk</p>
<p>Snack: 3 - 5 and Infants Serve 2 components Vegetable or fruit: 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p>Naan Bread Cheese Sticks Celery Sticks</p> <p style="text-align: center;">Water</p>	<p>Graham Crackers Applesauce</p> <p style="text-align: center;">Water</p>	<p>Cheese Crackers Banana</p> <p style="text-align: center;">Water</p>	<p>Carrot Sticks WGR Goldfish</p> <p style="text-align: center;">Water</p>	<p>Cereal Mix Sliced Apples</p> <p style="text-align: center;">Water</p>

Foods containing peanuts will not be served. Allergy substitution requires medical documentation.

One Whole Grain food item is required daily

Allergy substitutions are documented in the kitchen and in the classroom

This institution is an equal opportunity provider and employer

Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 3 September 20th-24th 2021

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 3/4 cup</p> <p>Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p>WGR Life Cereal Turkey Sausage Banana</p> <p>Milk</p>	<p>Scrambled Eggs W/Sausage Crumbles Cheese WGR Toast Peaches</p> <p>Milk</p>	<p>WGR Mini Wheat Cereal Canadian Bacon Orange Slices</p> <p>Milk</p>	<p>WGR Biscuits Cheese Sticks Blueberries</p> <p>Milk</p>	<p>Breakfast Sausage Cheese Pinwheel WGR Tortilla Mixed Fruit</p> <p>Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p>Slider Cheeseburger WGR Bun Tatar Tots Apple Slices</p> <p>Milk</p>	<p>Tuna Fish Sandwich WGR Bread Green Salad Tropical Fruit</p> <p>Milk</p>	<p>BBQ Chicken Baked Beans Cornbread Corn Applesauce</p> <p>Milk</p>	<p>Baked Beef Ravioli Marinara Sauce Mozzarella Cheese WGR Roll Apple Slices</p> <p>Milk</p>	<p>Pork Fried Rice WGR Brown Rice Peas and Carrots Snap Peas Mandarin Oranges</p> <p>Milk</p>
<p>Snack: 3 - 5 and Infants Serve 2 components Vegetable or fruit: 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p>WGR Graham Crackers Mandarin Oranges</p> <p>Water</p>	<p>WGR Soft Pretzels Cheese Sauce Cauliflower</p> <p>Water</p>	<p>Sweet Potato Tots Cheese Sticks</p> <p>Water</p>	<p>Yogurt Raspberries</p> <p>Water</p>	<p>WGR Goldfish Carrot Sticks</p> <p>Water</p>

Foods containing peanuts will not be served. Allergy substitution requires medical documentation.

One Whole Grain food item is required daily

Allergy substitutions are documented in the kitchen and in the classroom

This institution is an equal opportunity provider and employer

Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 4 September 27th- October 1st 2021

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 1/4 cup</p> <p>Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p>WGR Cheerios Turkey Sausage Bananas</p> <p style="text-align: center;">Milk</p>	<p>Breakfast Bowl Potatoes Sausage Crumbles Scrambled Eggs Cheese WGR Bagel Applesauce</p> <p style="text-align: center;">Milk</p>	<p>Banana WGR Oatmeal Canadian Bacon Raspberries</p> <p style="text-align: center;">Milk</p>	<p>Pork Sausage Gravy WGR Biscuits Turkey Sausage Applesauce</p> <p style="text-align: center;">Milk</p>	<p>WGR French Toast Hard Boiled Eggs Strawberries</p> <p style="text-align: center;">Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p>Chicken Strips Tatar Tots WGR Roll Orange Slices</p> <p style="text-align: center;">Milk</p>	<p>Beef Spaghetti WGR Noodles Marinara Garlic Bread Green Salad Cantaloupe</p> <p style="text-align: center;">Milk</p>	<p>Ham and Cheese Sliders WGR Bun Colby Jack Cheese Cauliflower Honey Dew</p> <p style="text-align: center;">Milk</p>	<p>Beef Taco Salad Shredded Lettuce Shredded Cheese Sour Cream Salsa Naan Bread Blackberries</p> <p style="text-align: center;">Milk</p>	<p>Chicken and Cheese Quesadilla WGR Tortilla Edamame Mango</p> <p style="text-align: center;">Milk</p>
<p>Snack: 3 - 5 and Infants Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p>Spinach Dip Naan Bread Carrot Sticks</p> <p style="text-align: center;">Water</p>	<p>Cheese Crackers Snap Peas</p> <p style="text-align: center;">Water</p>	<p>Animal Crackers Carrot Sticks</p> <p style="text-align: center;">Water</p>	<p>WGR Goldfish Broccoli</p> <p style="text-align: center;">Water</p>	<p>Cornbread Carrot Sticks</p> <p style="text-align: center;">Water</p>

Foods containing peanuts will not be served. Allergy substitution requires medical documentation.

One Whole Grain food item is required daily

Allergy substitutions are documented in the kitchen and in the classroom

This institution is an equal opportunity provider and employer

Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle Week 5 October 4th -8th 2021

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: 1/2 cup 1% or nonfat Milk: 3/4 cup</p> <p>Infants Grains: 1/2 serving Fruit or vegetable: 1/4 cup Milk: 1/2 cup</p>	<p>WGR Crispix Cereal Canadian Bacon Banana</p> <p style="text-align: center;">Milk</p>	<p>Yogurt WGR Granola Strawberries</p> <p style="text-align: center;">Milk</p>	<p>WGR Bagel Cream Cheese Turkey sausage Blueberries</p> <p style="text-align: center;">Milk</p>	<p>Biscuit Sandwich Egg and Cheese Mango</p> <p style="text-align: center;">Milk</p>	<p>Blueberry Muffin Cheese Sticks Blueberries</p> <p style="text-align: center;">Milk</p>
<p>Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: 1/2 serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup</p> <p>Infants Meat/meat alternate: 1 oz Grain: 1/2 serving Vegetable and/or fruit (2 or more, 1/4 cup each) Milk: 1/2 cup</p>	<p>Fish Sticks Tatar Tots WGR Roll Orange Slices</p> <p style="text-align: center;">Milk</p>	<p>Chicken Strips Roasted Red Potatoes WGR Roll Tropical Fruit Pineapple ,Papaya Guava , Passion Fruit</p> <p style="text-align: center;">Milk</p>	<p>Swedish Meatballs Egg Noodles WGR Roll Peas Blackberries</p> <p style="text-align: center;">Milk</p>	<p>Pizza WGR English Muffin Pizza sauce Sausage Crumbles Mozzarella Cheese Cucumber Slices Mandarin Oranges</p> <p style="text-align: center;">Milk</p>	<p>Crispy Chicken Bowl Mashed Potatoes Brown Gravy WGR Roll Mixed Fruit</p> <p style="text-align: center;">Milk</p>
<p>Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; 1/2 cup Grain: 1/2 serving Meat/meat alternate: 1/2 oz</p>	<p>Apple Slices Sun Butter</p> <p style="text-align: center;">Water</p>	<p>Cheese Sticks Raspberries</p> <p style="text-align: center;">Water</p>	<p>WGR Soft Pretzels Carrot Sticks</p> <p style="text-align: center;">Water</p>	<p>WGR Crackers Cauliflower</p> <p style="text-align: center;">Water</p>	<p>WGR Goldfish Banana</p> <p style="text-align: center;">Water</p>

Foods containing peanuts will not be served. Allergy substitution requires medical documentation.

One Whole Grain food item is required daily

Allergy substitutions are documented in the kitchen and in the classroom

This institution is an equal opportunity provider and employer

Tulalip Betty J. Taylor Early Learning Academy

Menu Cycle week 6 October 11th – 15th 2021

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: 3 - 5 Grain: 1/2 serving Fruit or vegetable: ½ cup 1% or nonfat Milk: ¾ cup Infants Grains: ½ serving Fruit or vegetable: ¼ cup Milk: ½ cup	WGR Life cereal Canadian Bacon Banana Milk	WGR Biscuits Pork Sausage Gravy Turkey Sausage Cantaloupe Milk	WGR Dutch Waffles Cheese Sticks Pears Milk	WGR Bagels Turkey Sausage Peaches Milk	Breakfast Quiche Pie Dough Eggs Sausage Crumbles Banana Milk
Lunch: 3 - 5 Meat/meat alternate: 1.5 oz. Grain: ½ serving Vegetable and/or fruit (2 or more 1/4 cup each) 1% or nonfat Milk, 3/4 cup Infants Meat/meat alternate: 1 oz Grain: ½ serving Vegetable and/or fruit (2 or more, ¼ cup each) Milk: ½ cup	Cheeseburger Sliders WGR Bun Tater Tots Orange Slices Milk	Beef Meatball Subs WGR Bun Marinara Mozzarella Cheese Celery Sticks Apple Slices Milk	Teriyaki Chicken WGR Brown Rice Edamame Mandarin Oranges Milk	Beef Sloppy Joes Manwich Sauce WGR Buns Celery Sticks Cantaloupe Milk	Chef Salad Turkey , Ham Shredded Cheese Hard Boiled Egg WGR Cracker Raspberries Milk
Snack: 3 – 5 and Infants Serve 2 components Vegetable or fruit; ½ cup Grain: ½ serving Meat/meat alternate: ½ oz	Blueberry Muffins Applesauce Water	WGR Goldfish Crackers Snap Peas Water	Cheese and Crackers Carrot Sticks Water	Animal Crackers Blackberries Water	Banana Bread Sliced Oranges Water

Foods containing peanuts will not be served. Allergy substitution requires medical documentation.

One Whole Grain food item is required daily

Allergy substitutions are documented in the kitchen and in the classroom

This institution is an equal opportunity provider and employer